Promises to Keep Campaign Includes Funds for Allen College

Construction has begun on the new Pauline Barrett Pavilion at Allen Hospital. And the results of Promises to Keep: The Campaign for AllenCare, are becoming more and more apparent with each passing day.

But the beneficiaries of the $15-million capital campaign extend beyond the walls of the hospital to Allen College as well, where $7.5 million of the funds are earmarked for a new building, new programs and new scholarships.

As of last January, the Promises to Keep campaign had already raised more than $11.5 million, including more than $2.5 million toward Allen College’s portion, says Carrie Rankin, director of development for Allen Foundation.

Allen College’s growth depends upon the funds raised through this campaign, which is scheduled to run through the end of 2008. Goals include $1.5 million for scholarship support, $1 million for new programs and $5 million for a new building.

“Virtually every Allen College student pays for school through work, grants, loans or scholarships,” Rankin says. “Through donor support, more than 100 scholarships are awarded to Allen College students each year. Our goal is to add $1.5 million to the College endowment so we can help 200 students with scholarships by 2010.”

With two new academic programs implemented in 2007, a third starting in fall 2008 and four more slated to launch in 2009, Allen College incurs a range of additional costs, including the need for more faculty.

More students, more teachers and more programs require more room. The campus must expand to accommodate projected enrollment and program growth. With donor support, the College hopes to be able to build its third building in the same way it built its first two: debt-free.

“Support from the campaign will allow the College to offer new nursing and allied health programs at a time of shortages of these critical healthcare providers—and to make these programs affordable for students,” Rankin says.

A building advisory committee comprised of faculty, staff, College and hospital administrators, alumni and donors is discussing features of the new building, says Chancellor Jerry Durham. Plans are for the two-story building to contain classrooms, faculty offices and an events/conference center.


Ann Enderlein has spent a great portion of her life lending her time and support to a variety of organizations in the Waterloo area. Fortunately, Allen College is one of many that has benefited from her efforts.

Born, raised and living in Waterloo for nearly her entire life, Ann is the daughter of Dr. F. Harold Reuling, an ophthalmologist who practiced primarily at Allen Hospital. Growing up as the daughter of a doctor, she was very aware of the interaction within the Waterloo medical community.

“My dad always had great respect for the nurses and they had a mutually supportive relationship,” Ann says. “He always recognized how important they were in his practice.”

After graduating from West High School, Ann attended Wellesley College in Wellesley, MA. for two years, later transferring to the University of Iowa, where she graduated with a bachelor’s degree in 1947.

When her father died in 1990, she established the F. Harold Reuling, M.D. Memorial Scholarship in his name at Allen College.

“That scholarship is really an ongoing...
As this edition of the Allen College Communicator suggests, many changes are under way to advance the College’s mission.

I have always believed that a key role of educational leaders is to anticipate societal changes and to position the organizations they lead in ways that are responsive to meet these changes. While change always engenders some discomfort, change can also be exhilarating. And, of course, change involves some level of risk, but risk can be minimized by planning that includes a thoughtful assessment of risk versus potential benefit.

As I approach my third-year anniversary of service as Allen College’s chancellor, I find myself reflecting both on the changes that have been implemented and those yet to be crafted. Here is an overview of some major changes since August 2005:

The College’s enrollment is at an all-time high—462 students in fall 2007. The graduate student enrollment is approaching 100 students.

The $15-million Promises to Keep Campaign has had a very successful start. Less than halfway into the campaign, the campaign has achieved 76 percent of its goal. Allen Health System employees have contributed more than $1 million to the campaign. As part of the campaign, planning is under way for a third Allen College building to accommodate program and enrollment growth.

A 15-month accelerated pre-licensure BSN option—the only one in Iowa—was implemented in May 2007 with 23 students. A second cohort of 24 students will start the option in May 2008.

The traditional option of the pre-licensure track of the BSN program will change to a five-semester program in fall 2008. Students must complete most of their general education before admission to Allen College.

An acute care nurse practitioner track—also the only one in Iowa—was added to the MSN program in fall 2008 and currently enrolls five students.

An adult psychiatric mental health nurse practitioner track of the MSN program has been approved. Eight students plan to enroll in the track in fall 2008.

An adult/gerontological nurse practitioner track of the MSN program awaits final approval by the Iowa Board of Nursing. Students will be admitted in fall 2009.

The RN to BSN track has been reconfigured to make it more accessible and student-friendly. All nursing courses are offered online in eight-week modules.

A three-track Bachelor of Health Science (BHS) program has been approved. Searches are under way for directors of nuclear medicine technology, diagnostic medical sonography and clinical laboratory science.

An Office of Diversity Services has been established to recruit and retain greater numbers of ethnic minority, international and male students.

The College has undergone a successful re-accreditation visit by a team from the Higher Learning Commission, which is recommending the maximum 10-year re-accreditation of the College.

Multiple policies have been approved that support the recruitment and retention of highly qualified and dedicated faculty with the skills mix needed to advance the College.

Implementation of service learning is under way in our efforts to instill in students the value of service to others.

These are but a few of the many changes that have been implemented in the past 30 months. I am grateful for the strong foundation provided by the College’s founding chancellor, Dr. Jane Hasek, and for the support I have received from faculty, staff, students, the Board of Trustees and leaders of the Allen Health System as these changes have been planned and implemented. I look forward to the next few months as we revisit our strategic plan, which will drive Allen College’s development into the next decade. I plan to keep you informed as Allen College’s stakeholders plan the next phase of our development.

Dr. Jerry Durham
Chancellor

Allen College Recommended for 10 Years Continued Accreditation

An evaluator/consultant team of five educators representing the Higher Learning Commission conducted a comprehensive evaluation visit at Allen College, Nov. 12 through 14, 2007, for continued accreditation. The team is recommending that Allen College receive continuing institutional accreditation through 2017.

In addition, the team is recommending approval of the College’s proposal to offer a new degree program, the Bachelor of Health Science, with tracks in nuclear medicine technology, diagnostic medical sonography and clinical laboratory science. Final action by the Higher Learning Commission relative to the evaluators’ recommendation regarding Allen College’s continuing accreditation will be made in spring 2008.

In Remembrance

<table>
<thead>
<tr>
<th>Name</th>
<th>Date of Birth</th>
<th>Class of</th>
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<tbody>
<tr>
<td>Karla Campbell</td>
<td>September 12, 2007</td>
<td>Class of 2006</td>
</tr>
<tr>
<td>Selma C. Carroll</td>
<td>February 25, 2008</td>
<td>Class of 1946</td>
</tr>
<tr>
<td>Sheila A. Hester</td>
<td>October 28, 2007</td>
<td>Class of 2001</td>
</tr>
<tr>
<td>Andrew C. Smith, M.D.</td>
<td>November 1, 2007</td>
<td>Donor</td>
</tr>
<tr>
<td>Betty L. Meehan</td>
<td>December 2, 2007</td>
<td>Class of 1949</td>
</tr>
<tr>
<td>Marie Zelle</td>
<td>February 24, 2008</td>
<td>Class of 1952 &amp; Allen Alumni Association Board Member</td>
</tr>
</tbody>
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THE COLWELLS
A Son’s Passion,
A MOTHER’S GENEROSITY
Patrick Colwell made a career U-turn that inspired his mother. Although Patrick had 
considered a nursing career after high school, he ultimately chose technology, ending up 
as a systems analyst. But after more than 25 years in that field, he left his well-paying 
job at Deere & Company to enroll at Allen College in his mid-40s.

Patrick’s mother, Marcia Colwell of Waterloo, credits Patrick’s nursing education 
for enabling him to comfort his father and family during her husband’s illness and death 
from cancer in 2001. Shortly afterward, 

Patrick earned his BSN. 

He now fulfills his dream each day as a nurse 
at Allen Hospital. His wife, Marty, also works 
at Allen Hospital, where she is director of 
organizational effectiveness. Marty was the 
one who put Marcia in touch with Allen 
concerning an annuity investment, which led 
to Marcia’s funding of the scholarship.

“Patrick has a passion for 
nursing and his work at 
Allen Hospital,”

Marcia says. “It’s a blessing to be able to 
fund a scholarship that pays tribute to his 
profession and also reduces the costs for 
today’s nursing students.”

Marcia remembers how her mother insisted 
that her daughters get an education, even 
though her father thought educating women 
was a waste of money.

“I was able to receive a business-school 
education and get a good-paying job. So 
now, I’m kind of returning the favor to those 
going into nursing,” Marcia says. “I believe 
there’s nothing better to do for someone 
today than to help them get a start in life. 
Our scholarship is really a worthwhile 
investment in someone’s future.”

We couldn’t agree with you more, Marcia. 
Thank you.

Enderlein continued from page 1

tribute from Dad to the nurses and 
the College that honors their education 
and service to all doctors and their patients,”

Ann says. “Dad always thought that Allen 
was a superior hospital with a really fine 
staff. So it’s very rewarding for me to see 
the scholarship awarded each year to help 
another student enter the profession.”

Ann feels her father’s memory is well 
served. “Daddy would be very pleased,” 
she says.

KEITH AND DOROTHEA BASKINS
Modest Means
AND BIG HEARTS
In 1982, Keith 
and Dorothea 
Baskins both 
underwent 
heart surgeries 
that taught 
each of them 
the value of 
quality nursing 
care. Although 
Dorothea died 
in 2007, the scholarship she established with 
her husband, Keith, helps assure that her 
appreciation for nurses lives on today.

Dorothea wanted to be a nurse as she grew 
up, but her family did not believe in 
incuring debt for education, so she was 
unable to fulfill her dream. Instead, the 
Baskins endowed the Keith M. and 
Dorothea W. Baskins Scholarship in 1994 
to help a deserving junior at Allen with his 
or her college expenses. In 2000, it began 
being awarded to two students a year, 
one junior and one senior.

The Baskins were far from wealthy during their 
working years, according to Keith.

He worked for 35 years at Rath Packing 
while Dorothea also worked for 35 years at 
Northwestern Bell.

“We were just fortunate to have enough to 
be able to help others like we’re doing now 
at Allen College. It’s a real good feeling 
when you can help, and we’re always going 
to need nurses – it takes a special person,” 
said Keith.

“We kept in touch with the 
student recipients, and we 
always asked that they consider 
us as their friends—not as 
benefactors.”

The Baskins’ support of Allen goes well 
beyond their generous scholarship. Keith 
recently pledged a significant contribution to 
Allen’s Promises to Keep Campaign. 
One room in the College’s new building 
will be named for Keith and Dorothea. In 
addition, Keith has designed his will so that 
a large percentage of his remaining assets 
will go to Allen College upon his death.

“You can’t take it with you, and you can’t 
even send for it,” he said.

GINNY AND MIKE MCBRIDE
Giving is their reward
Virginia (Ginny) and Mike McBride 
each grew up in 
Iowa families of 
modest means 
and were 
high school 
sweethearts. 
They have been 
living in the 
Milwaukee 
area since 1963, 
where they are 
active in various organizations dealing with 
literacy, hunger and children growing up in 
single-parent families.

As they look back, they know their lives 
have been blessed in many ways.

“When you have experienced good fortune as 
we have, you have a duty and responsibility 
to share with other people,” says Mike. He 
received a bachelor’s degree in accounting 
from UNI in 1962 and did graduate studies 
in economics and finance at the University 
of Iowa. He retired after 32 years with the 
Gustave A. Larson Company, where he was 
president and CEO the last 18 years.

Ginny graduated from Allen Memorial 
Hospital School of Nursing in 1962. After 
graduation, she worked at University Hospitals 
in Iowa City and as an office 
nurse in Milwaukee. After her children were 
born, she was a nurse volunteer in several 
different capacities for many years.

Their support of Allen College is an example 
of their generosity in all that they do. In 1995, 
they were major contributors to the campaign 
to construct Gerard Hall, which includes the 
McBride Auditorium, named in their honor.

They also were contributors to the Barrett 
Forum, and asked that the carillons and clock 
tower be called the Chancellor Tower to 
honor Jane Hasek, longtime Allen chancellor, 
who retired two years ago.

The Virginia Henniges McBride scholarship, 
established in 1990, is one of the most 
generous scholarships at Allen College. 
It covers the cost of tuition, fees and books 
for the remainder of the recipient’s Allen 
education. Since its inception, nine different 
students have benefited from the scholarship.

“We get to see a student’s face light up 
when they receive the good news,” Ginny 
says. “Often they can’t comprehend why a 
complete stranger would do this for them! 
That’s really rewarding, and it also feels 
good knowing we’re doing something to 
make a difference in someone’s life and also 
helping to alleviate the great shortage of 
nurses today.”

For all they do for Allen College, we salute 
Ginny and Mike McBride.
When Can I Retire?

Have you thought about when you would like to retire? The key to retirement is gaining financial independence. Financial independence is the point at which you have accumulated enough assets (and possibly pension income) to fund your current lifestyle without earning an income through employment.

There are multiple variables that are important for being financially independent. The two most crucial factors for determining how much you need are: 1) how much you will spend in retirement and 2) what age you will stop working.

Other factors to consider include potential pension income, social security income, changes in income-tax rates, rate of return on investments, inflation of living expenses, medical conditions and inheritances.

There have been multiple research studies tying to figure out what you can take out of a portfolio of funds without draining it down to zero. William Bengen has written a series of articles for the Journal of Financial Planning specifically regarding this issue. In his study he found that there is a near 100-percent chance of a portfolio lasting 30 years if the withdrawal rate is less than 4.15 percent. Therefore, the financial planning industry has made 4 percent the norm for withdrawals during retirement.

Does 4.15 percent seem like a low draw to you? In order to keep up with average inflation, you need to leave 3 percent of your portfolio growth inside of the portfolio. Now, the required 4.15 percent annual return becomes 7.15 percent.

Another problem for retirement portfolios are stock-market crashes. Over the past 100 years, the fewest number of down years in a 30-year period for funds in retirement for the Dow Jones Industrial Average is nine. Therefore, if a retiree is withdrawing 7 percent and the portfolio has fallen 3 percent, then the overall balance has dropped 10 percent, which can be a large deficit to recoup. This is likely to happen in a least one-third of the years in retirement. Because of inflation and a variable return on investments, a 4.15 percent withdrawal seems appropriate.

This is where charitable planned giving can literally change a person’s life. Instead of selling the assets you need to make withdrawals for retirement, and paying capital gains taxes, you could place them into a Charitable Remainder Trust (CRT), paying (for example) 8.5 percent for the rest of your life.

Have you reached financial independence? You have to make safe assumptions about the future and know the details of your situation. While we can use general rules, thoughtful planning is what will likely achieve your goals.

For more information on your estate plan, call Matt Rolinger, Allen Foundation, at 319-235-3960 for confidential inquiries.

This is where charitable planned giving can literally change a person’s life. Instead of selling the assets you need to make withdrawals for retirement, and paying capital gains taxes, you could place them into a Charitable Remainder Trust (CRT), paying (for example) 8.5 percent for the rest of your life.
2007-2008 Outside Scholarship Recipients

Thank you to the following individuals and organizations that offered scholarship assistance to Allen College students during the 2007-2008 academic year. Allen College institutional scholarship recipients and donors were acknowledged in the fall newsletter.

Algon Community School Foundation - Iowa Dollars for Scholarship Chapter
Chandra Foertsch

H.M. Andersen Medical Scholarship
Kara Moeller

Ankeny Dollars for Scholars
Haley Madison
Erica Willey

Aplington-Parkersburg Dollars for Scholars
Nikki Nielsen

Atkin’s Women’s Club
Emily Larsen

Marjorie R. or V.M. Baich Foundation
Bridget Hurley

H. Buerosh Scholarship Trust
Kayla Christensen
Janelle Offen
Sadie Oulman

Charles City Area Dollars for Scholars
Ashley Fiser

Cherokee Nation, Tahlequah, Oklahoma
Susan McConnell

Clayton County Farm Bureau Scholarship
Nicole Glawe

Clayton Ridge Dollars for Scholars
Nicole Glawe

Community Foundation—FFE - Walter Cunningham Scholarship Fund for a 2007 Fund for Excellence
Tatjana Velic

Community Foundation - Lorene Lindaman Rohlf RN Scholarship
Tatjana Velic

Community Foundation - Mother Moon Service Scholarship Fund
Tatjana Velic

Covenant Medical Center Auxiliary
Maleah Kruse

Crestwood Dollars for Scholars-Bigalk Family Endowment
Kristen Wennes

Crestwood Dollars for Scholars-Kessel Williams Endowment
Kristen Wennes

Delaware County Memorial Hospital Auxiliary
Kara Moeller

Eldora - New Providence Dollars for Scholars
Elizabeth Hoy

Evangelical Christian/WaterStone, Colorado Springs
Kara Moeller

Fred Schlichting Scholarship Trust
Andrea Behr

Gilmore City-Bradgate Community Clinic Scholarship
Michelle Hauck

Edward B. Gnahn Scholarship
Whitney Bennett

Grundy County Memorial Hospital
Allison Ringena

Hemophilia of Iowa Inc., Humboldt, IA
Matthew Patrilla

William & Brenda Her-Jackson Scholarship
Kari Schildroth

Elder & Marlys Hoines Memorial Scholarship
Kristen Wennes

Humboldt County Memorial Hospital Auxiliary
Michelle Hauck

Iowa Farm Bureau Federation
Lindsey Lehmann

Iowa Hospital Education and Research Foundation, Des Moines
Sarah Baade

Johnston Dollars for Scholars
Hillary Mumma
Lauren Whitney

Kee High Dollars for Scholars
Lindsey Vinson

Kirkwood Foundation
Reaghan O’Toole

Kuemper Dollars for Scholars
Tiffany Wessling

Linn-Mar School Foundation
Melissa Hurst

Mayo Foundation Scholarship
Erin Haffey

Dr. Jennie McCowen Scholarship from the Iowa Branch of The King’s Daughters and Sons Breanna Hunold

Mercy Hospital Auxiliary Scholarship, Oelwein
Kara Moeller

Mercy Medical Center, Mason City
Andrea Behr
Kathrine Schreur

Kenneth G. Meyerhoff Trust
Holly Hartman
Tatjana Velic

Mitchell Community, South Dakota Scholarship Fund
Megan Vaughan

Oelwein Dollars for Scholars
Alyssa Hannash

Presidential Freedom Scholarships
Tatjana Velic

Pritchard Educational Fund
Abby Bierman
Brittany Lux

Ronald McDonald House National Scholarship Program
Tiffany Wessling

Sac & Fox/Meskwaki Higher Education Program
Sally Young Bear

Scholarship Program Administrators Inc., Nashville, Tenn.
Kelsea Swails

Sinek Scholarship - Class 2005
Sarah Baade

Siouxland Community Foundation/Boyle Endowment for Nursing Studies
Kristin Laugig

Special Needs Foundation of Des Moines County & E.B. Gnahn Scholarship Fund
Whitney Benneff

Spencer Community School Foundation
Holly Cook

Spencer Hospital Auxiliary
Molly Waggoner

St. Luke’s Health Care Foundation, Cedar Rapids
Katie Johnson
Connie Meisgeier
Bonnie Seely

Sidney A. Swensrud Scholarship Fund
Janice Songstad

Starmount CSD Scholarship
Kara Moeller

Starmount Dollars for Scholars
Kara Moeller

Starmount Music Association
Kara Moeller

Chris & Stephanie Stein Memorial Scholarship
Lindsey Vinson

Twin River Valley High School Student Council
Michelle Hauck

Tyson Family Foundation Inc.
Tesia Wickham

Tyson Fresh Meats Scholarship
Katie Putbrese

Union Community Dollars for Scholars, LaPorte City
Kari Schildroth

V.F.W. Post & Auxiliary 9662 Scholarship, Des Moines
Erica Willey

Wapsie Valley Booster Club
Amanda Suhr

Wapsie Valley Education Foundation
Amanda Suhr

Waterloo/Cedar Falls Dollars for Scholars
Kelsie Graham
Holly Hartman

Waverly Health Center Auxiliary & Medical Staff Health Career Scholarship
Jane Harrington

Webster City Community School District
Emily Engstrom

Wheaton Franciscan Healthcare Clara Pfaender Scholarship
Bethany McGrawe
Ashley Trumm
2007 December Graduates’ Awards & Honors
The following graduates were recognized for their awards and honors during the completion ceremony on Friday, Dec. 14, 2007.

JANE E. HASEK EXCELLENCE IN NURSING AWARD
The nursing faculty of Allen College select the graduate who best incorporates the values and beliefs of the mission and philosophy of Allen College in his/her professional and personal life. This award was named in recognition of the first Chancellor of Allen College, Dr. Jane Hasek, for her visionary leadership in the establishment of the College. The recipient of the Jane E. Hasek, Excellence in Nursing Award was Brittney Bicket.

ALLEN COLLEGE SERVICE AWARD
Selection of the Allen College Service Award is made by the Allen College faculty for a student who has provided outstanding service to the College or as ambassadors in the community, and demonstrated a strong commitment to the core values espoused in the College philosophy. The recipient of the Allen College Service Awards was Sarah Friedrich.

CERTIFICATE IN GERONTOLOGICAL CARE
The following student completed requirements for a Certificate in Gerontological Care from Allen College: Sarah Friedrich.

RADIOGRAPHY STUDENT AWARDS
Allen College radiography students Robin Hennick and Michelle Klar received first-place honors in the poster competition for their presentation, “Congenital Dislocated Hip,” at the 68th Annual Meeting of the Iowa Society of Radiologic Technologists held in Iowa City, Iowa, Sept. 20 through 22.

These Associate of Science in Radiography Level 2 students received third place for the same poster at the October meeting of the Northeast District of the Iowa Society of Radiologic Technologists in competition with student posters from Covenant Medical Center, which hosted the meeting.

The Allen College radiography department received a certificate of appreciation from the Iowa Department of Transportation for its efforts in helping maintain and enhance the beauty of Iowa’s roadsides by being an Adopt-A-Highway program sponsor. The Associate of Science in Radiography Organization (ASRO) has participated since October 2005.

Pi Kappa Ceremony
The fall induction ceremony of Pi Kappa Chapter of Sigma Theta Tau International was held on Thursday, Oct. 25, 2007. A panel consisting of Major Angela (Tina) Douglas, MSN; Lieutenant Kim Prinsen, RN; Captain Jennifer Olson, RN; Lieutenant Randy Cornelius, RN; and Captain Tennille Langer, BSN; presented an excellent program about nursing experiences in the military service.

Eight new members were inducted into the Pi Kappa Chapter.

New Members:
Thu (Autumn) Bui
Deborah Gingrich
Bethany McGrane
Kevin McGrane

Amanda Rene Miller
Heidi L. Prose
Joy Lynn Schrader
Lori Townsend

2007 December Completion Recap
Allen College held its December completion ceremony on Friday, Dec. 14, 2007, at 3 p.m. at Nazareth Evangelical Lutheran Church in Cedar Falls. Forty-six nursing students received Bachelor of Science in Nursing degrees. Congratulations to the following nursing graduates!

Kelly Anderson#
Andrea Behr
Brittney Bicket*
Cody Bohm
Traci Brayton
Shawn Buhrow
Thu (Autumn) Bui#
Terri Clark
Laura Delgardelle
Sarah Friedrich
Jennifer Gahring#
Molly Gross
Jennifer Hammes
Jessica Hooks
Stacey Jungersen
Kristina Kingstrom#
Angela Kloster
Megan Kruse
Kelly Lestina**
Jamie Lindell
Christina Lindhart#
Cynthia Lutgen
Cassie McBride
Susan McConnell
Annette Miller
Philip Nicoll
Lori Paulson
Maggie Pietryga
Lindsay Policha
Monica Preston
Megan Rathjen
Heather Redig
Laura Riley#
Allison Ringena**
Joan Riondan
Alicia Rogis
Jennifer Sadler
Deanna Savre#
Sarah Scott#
Audrey Thurman
LeAnn Todd
Jennifer Turner
Marie Voet
Elizabeth Whalen
Jessica Wheeler
Tara Wilson

ACADEMIC HONORS
*Summa Cum Laude (3.9 GPA or above)
**Magna Cum Laude (3.71-3.89 GPA)
#Cum Laude (3.5-3.7 GPA)
Since many nursing students come from middle-class backgrounds, it can be difficult for them to empathize with those in greater need than themselves. Professors Mary Brown and Anna Weepie realized this and saw a solution.

Through a program initiated in spring of 2006, students in their Community Field Experience class participate in the Reform Organization of Welfare (ROWEL) Poverty Simulation – and it changes the students’ perspectives forever.

Brown and Weepie work in a cooperative relationship with the Iowa State Extension, which conducts the simulation. Thanks to funds from the McElroy Endowed Chair, the program is offered at no additional cost to students.

“The goal is for students to gain more sensitivity to the vulnerable populations they work with,” Brown says. “The experience is so powerful, I don’t even know how to put it into words.”

As the Iowa State Extension’s Web site explains, “The welfare simulation experience is designed to help participants begin to understand what it might be like to live like a typical low-income family trying to survive from month to month. It is a simulation – not a game.”

The simulation itself takes about an hour, Brown says. Students are divided into family groups, given a budget – including things like vouchers for transportation – and sent to various stations representing community resources. The hour is broken into 15-minute segments, each representing a week.

“There are several stations, and the first week usually goes well,” Brown says. “But then you can see the frustration mounting in the students as they run out of money and the lines get longer. By the third and fourth week, you might see people stealing.”

The simulation ends with a debriefing, followed by a Poverty Luncheon. Students are served according to proportions of poverty in the population, so most of them get only rice.

“Three of them get to sit at a nicely set table and get a full meal,” Brown says. “Three of them represent the number of people in the world who actually get to eat.”

Students who have been through the experience are surveyed about what they’ve learned. Almost all of them say they will volunteer more and work harder to connect their patients to resources.

“It will make me stop and think while caring for a patient and also when discharging,” says Jessica Krie.

Most importantly, participants say they will try harder to look at the world from their patients’ perspectives.

“I will not assume that I know my patient’s story,” says Dana Martin. “One change can impact a person’s entire life.”

—Dana Martin
Allen College fall 2007 semester enrollment was a record 462 students enrolling in 4,301 credit hours. The figure marks the sixth consecutive year for record enrollment at Allen College and is a nine percent increase from a year ago, when 424 students enrolled in 4,048 credit hours at Allen. Even with record enrollment, there was not a waiting list for any Allen College program.

The largest enrollment increases were in the College’s Master of Science in Nursing (MSN) program, in which a record 81 students were enrolled for the fall semester. The program has five tracks: Family Nurse Practitioner, Acute Care Nurse Practitioner, Adult Psychiatric Mental Health Nurse Practitioner, Health Education and Leadership in Health Care Delivery. Last year, 67 students were enrolled in the MSN program. Allen College attributes the 21-percent growth in the MSN program to the healthcare community’s support for advanced education for nurses.

Enrollment numbers were also up in Allen’s Bachelor of Science in Nursing (BSN) program, the largest program at Allen College. The BSN program includes the new 15-month Accelerated Option, which enrolled 23 students, and the traditional BSN program, which enrolled 323 students. The two-year Associate of Science in Radiography (ASR) program enrolled 31 students.

Last fall, Allen College announced changes to its traditional four-year nursing program leading to RN licensure. When the changes are implemented in the fall of 2008, students will enroll in nursing courses at Allen College only after they have completed 45 of the required 57 credit hours of general education coursework. Students will then complete the nursing courses for the four-year BSN degree in five more semesters of full-time study at Allen College.

Allen College enrollment figures 2001 – 2007:

- 2001 – 263
- 2002 – 283
- 2003 – 306
- 2004 – 364
- 2005 – 404
- 2006 – 424
- 2007 – 462

Allen College’s Division of Nursing recently purchased the Laerdal SimMan® advanced patient simulator. SimMan® provides simulation-based education to challenge and test students’ clinical and decision making skills during realistic patient care scenarios.

The cost of the initial purchase and setup of the SimMan® was approximately $55,000. It includes faculty training and equipment to control and monitor patient scenarios and student progress, with a capacity to generate debriefing after the experience. Using the SimMan®, faculty can program patient scenarios and responses, providing students the opportunity to experience critical patient situations in a safe learning environment. Simulation provides not only anatomically correct visual changes in the SimMan®, but also verbal responses. Students can observe and respond to changes in heart rhythm, blood pressure, pupils and breathing. The students may also choose to implement various procedures, including medication administration, with results of those procedures or medications reflected in the observed SimMan® conditions.

The purchase of additional critical care equipment is planned for 2008. Items considered for purchase in 2008 include those related to advanced lifesaving skills, such as inserting chest tubes for collapsed lungs; performing tracheal intubations for airway collapse; performing central intravenous line insertion for circulatory collapse; and other critical care procedures commonly performed in intensive care units and emergency departments.

SimMan Offers Real-Life Training

Students in the MSN acute care nurse practitioner program can practice lifesaving skills, such as inserting chest tubes for collapsed lungs; performing tracheal intubations for airway collapse; performing central intravenous line insertion for circulatory collapse; and other critical care procedures commonly performed in intensive care units and emergency departments.

The SimMan® is housed in the Acute/Critical Care Lab simulation center of the College’s newly remodeled Nursing Skills lab. The Lab has recently been dedicated to the memory of Dr. Frank Coyle, a renowned thoracic and vascular surgeon who practiced at Allen Hospital for many years.
Faculty/Staff Recognitions

Dr. Lisa Brodersen, associate professor in the nursing division, completed requirements for the Doctor of Education degree in curriculum and instruction from the department of education at the University of Northern Iowa. Her dissertation is, “Approaches to Studying and Study Tactics of Baccalaureate Nursing Students.” She joined the faculty of Allen College in August 1999 as Assistant Professor in the Bachelor of Science in Nursing (BSN) program. Since August 2004, she has been associate professor, teaching in both BSN and Master of Science in Nursing (MSN) programs. Since August 2002, she has been coordinator of distance education for Allen College. Allen College’s faculty now includes eight who hold doctoral degrees. Several additional faculty are enrolled in doctoral study.

Dr. DeAnn Ambroson, nursing professor, is participating in a collaborative study with University of Northern Iowa professors on nurses’ perceptions of health disparities. Ambroson’s yearlong project began last May during the Carver Graduate Education Institute at UNI.

The focus of the Institute was “New Iowans” – the immigrant and minority population in Iowa. Working with UNI professors Drs. Susan Roberts-Dobie and Elana Joram, Ambroson is administering a preliminary survey to students at the College in a pilot study. The goal is to refine it and administer it to nurses across the state in hopes of identifying and ultimately diminishing health disparities.

The study is being funded by a Carver grant. A 27-year nursing veteran, Ambroson has taught at Allen College since 2002. Her career has spanned the nursing spectrum from acute-coronary care to long-term care, and includes teaching at other nursing colleges as well.

FEATURED FACULTY
Darlene Shipp—Servant to Our Profession

When Darlene Shipp began her nursing career in 1965, her pay was $350 per month, or just more than $4,000 per year. There was not one computer on the hospital floor, and she cared for an average of three to four patients.

Of course, the world of nursing has changed dramatically in 43 years, but one thing has remained constant: Shipp is still devoted to nursing and nursing education.

Today, she is an assistant professor of nursing at Allen College. She has given 33 years of her life to teaching nursing students, following 10 years of full-time nursing on the floors of Allen Hospital.

In a typical week, Shipp will teach a two- to three-hour class, usually in obstetrics. For the balance of the week, she’ll be in a clinical area working with students. She can usually be found giving hands-on instruction in the obstetrics unit at Allen or at one of the area hospitals.

Shipp’s role on the floor is to teach techniques and supervise the work of the nursing students as they care for parents. She also teaches the Senior Projects and Internship modules. From the front lines of nursing, Shipp has seen changes sweep through the field.

“First, technology has changed the methods that we use for providing care,” she says. “In just the last five to six years here at Allen, we’ve seen the transition from all-written records to computer charting. Today, each nurse cares for six to seven patients per shift. It used to be one nurse for every three or four patients.”

Shipp has also noticed a dramatic reduction in the duration of hospital stays, a natural result, she says, of changes in methodology and medical advances over the years. But she’s noticed a disturbing change as well. “Unfortunately, we’ve seen an increase in acuity of patients today,” Shipp says. “In general, the more serious cases are the ones that end up in the hospital now. And in obstetrics, we’ve had a great increase in the number of babies in neonatal intensive care, just in the last three years. That increase is in-step with societal changes—the result of more mothers using drugs, and poor care during pregnancy.”

Shipp’s strong nursing nature is evident when she looks to the future. “In nursing, we’ve really benefited from the new technology and equipment in medicine. But in the future, we need to be very careful not to lose our level of personal contact with the patient.”

Dr. Susan Dawson, dean of academic affairs, was elected chair of the Executive Support for the Guard and Reserve (ESGR) Veterans of Northeast Iowa and Chair of the HUD grant writing committee of the Iowa Homeless Council. Dr. Dawson also presented “Stigma by Association” at the American Psychiatric Nurses Association national conference in Orlando, Fla., Oct. 3-6, 2007.

Maria Farmer, assistant professor in the nursing division, presented at the forensic nursing conference Jan. 30 in Des Moines and Jan. 31 in Cedar Rapids. She is also an expert nursing speaker at the National Nursing Forensic Conference to be held in April in Las Vegas. Maria has also been involved in a stroke study for the past year. The Program Committee for the International Stroke Conference 2008, informed the group that their abstract, “A Randomized Acute Stroke Intervention Trial During the Novel Setting of Early Helicopter Evacuation to a Comprehensive Stroke Center,” was accepted for a poster presentation at the conference. The conference was held Wednesday, Feb. 20, through Friday, Feb. 22, 2008, at the Ernest N. Morial Convention Center in New Orleans. This is the “the” conference for members of the stroke neurology community.

Dr. Nancy Kramer, associate dean and professor of nursing, was selected as an item writer for the National League for Nursing Certified Nurse Educator (CNE) exam. Nurse educators wishing to become certified take this exam. This exam is based on nurse educator competencies established by the National League for Nursing. The purpose of the certification is to recognize the commitment to excellence and expertise of nurse educators among peers, students, and the public. The CNE credential signifies academic nursing education as a specialized body of knowledge and skills. As of July 31, 2007, there were 683 nurse educators who had earned the CNE credential with an overall pass rate of 84 percent. At that time there were only six from the state of Iowa. Those applying for certification must be licensed as an RN, have a MSN or doctoral degree in nursing, and two to four years or more full-time experience in a faculty role.


Dr. Diane Young, professor in the nursing division, was elected as Sigma Tau Pi Kappa Chapter Leadership Succession Chair.
Future Alumni Back-to-School Student Lunch
Allen College students were welcomed back in style last fall with a picnic including ice cream scooped by the Allen College leadership team! Dr. Jerry Durham, Dr. Sue Dawson, Dr. Nancy Kramer, Dr. Peggy Fortsch, Joanna Ramsden-Meier and Denise Hanson were happy to scoop the yummy treats for returning students.

2007 Annual Alumni Association Craft Sale
The Annual Alumni Association Craft Sale was held at Allen Memorial Hospital on Oct. 12, 2007. Nearly 40 different vendors displayed their wonderful artwork at an event that raised more than $4,000 for Allen College Students and projects. Mouthwatering baked goods and a delicious lunch made the day even more successful as alumni, Allen associates and the public completed some early holiday shopping. Mark your calendars for the next Alumni Association Craft Sale, to be held on Oct. 10, 2008.

Rochester, Minnesota Area Reception, Sept. 27, 2007
Representatives from Allen College hosted alumni from the Rochester area at the Kahler Hotel in Rochester. Light hors d’oeuvres and wine were served, and a great time was had by all who attended.

2007 Allen College Family Day
More than 60 alumni, friends and family gathered on the Allen College campus on Oct. 27, 2007, to celebrate our school and then to cheer on the UNI Panther Football team. A fall luncheon was served and tours of the Allen College campus were given. Dr. Jerry Durham brought the guests up to speed on all of the exciting activities and changes underway at Allen College.

Correction of error in the last Communicator:
HE HAS FIVE POST-SECONDARY DEGREES and travels internationally on business, but he still ranks his alma mater among the top nursing programs in the country. His name is Jim Hauschildt, and he graduated from Allen College in 1996.

Today, he is a consultant in information technology, traveling to larger healthcare institutions across the U.S., Canada and England. His goal is to spread the efficiencies and cost savings that can be achieved through integrated computer automation systems.

Hauschildt helps healthcare facilities use computer software solutions produced by the Cerner Corporation of Kansas City, Mo. But his mission is the same as when he was a nurse at a military hospital in San Antonio, Texas: to improve the quality of patient outcomes and to increase patient and staff satisfaction.

From his unique position in the healthcare field, Hauschildt has observed a disturbing trend.

“A lot of institutions are de-emphasizing the importance of education for clinicians, and that’s causing delivery challenges,” he says. “It’s happening because of the shortage of qualified and competent providers, good educators, shrinking budgets and problems delivering up-to-date knowledge in the workplace.”

He and his wife, Kiana, and their two children live in Overland Park, Kansas, where he’s also working on his master’s degree in nursing from the University of Kansas. In 2004, he received his doctorate in education from UNI. He has four years of clinical nursing experience in the military. And of course, he received lots of hands-on training with his nursing diploma education at Allen, where he also taught nursing courses full-time for three years. Today, he still serves Allen as an adjunct professor, teaching graduate program nursing courses online.

Hauschildt is intimately familiar with the increasing costs of healthcare, too. His daily work for Cerner Corporation is to combat that trend through automation.

“By integrating computerized delivery systems in healthcare, we can really impact efficiency and reduce operating costs substantially,” he says.

Even though Hauschildt facilitates complex discussions involving multi-million dollar decisions with clinical leaders in the healthcare world, he’s come to value his Allen experience more as he reflects back.

“I tell my students to enjoy the time and the experience they have at Allen—it truly is a top-quality program. Allen really has a lot to offer a student today,” he says. “Other people in healthcare recognize that Allen is one of the top programs in the country, and I believe nursing is a great profession that can take you anywhere you want to go.”

**Purchase a Brick from Dack Hall**

On Sept. 4, 2007, a wrecking ball dropped through the roof of Dack Hall, an 80-year-old building, signaling the next phase of Allen Hospital’s construction project. Dack Hall was home to the former Allen School of Nursing, and many Allen nurses treasure their fond memories of the building. Over the past decade, Dack Hall has been used for business offices and storage. It had served for many years beyond its projected useful life, and it was torn down so the land underneath could be used for new parking.

Allen Foundation has saved 400 bricks from Dack Hall. If you want a brick as a keepsake, this is your chance to get one. Stop by or call the Foundation at 319-235-3960 to place your order. Bricks are $50, payable by check to the Allen Foundation. The price includes cleaning, engraving and shipping anywhere within the United States. Please order promptly as our supplies are limited and we cannot accept any orders without payment. Any profit from the brick sale will go to the Promises to Keep Campaign for AllenCare.
You can help shape the future of Allen College and Allen Hospital by donating to Allen College. Your generous donations will help finance special projects to enhance the quality of our education and the realm of our services. Contact Allen College or the Allen Foundation to find out how you can make a difference.

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Allen Alumni Weekend
Special reception for the Class of 1958 on April 25 on the Allen College campus; class reunion lunch and tours of the College and Hospital at 12:30 on April 26; followed at 5 with a social and annual banquet at the Park Place Event Centre in Cedar Falls

May 9
Allen College Graduation Activities
10:00 Baccalaureate in McBride Auditorium on the Allen College Campus
3:00 Commencement at Nazareth Lutheran Church in Cedar Falls

September 16
Allen College Scholarship Banquet at Park Place Event Centre in Cedar Falls

October 10
Allen College Alumni Association Annual Craft Sale

Check out the News and Events (Events Calendar) on our website at www.allencollege.edu to keep current on events!

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Transcripts
All transcript requests may be submitted in writing and mailed to:
Allen College
Attn: Transcripts
1825 Logan Ave.
Waterloo, IA 50703

Transcript fees:
Immediate Service - $8.00
48-Hour Business Service - $6.00
Faxing Service - $13.00
Student Copy - $6.00
Please include the year you graduated, your name at graduation, the address where the transcript should be mailed and the transcript fee, payable to Allen College.

For a copy of the transcript request form, please visit our Web site at www.AllenCollege.edu. Use the page search menu to find the form. Direct any questions to Enrollment Management by calling 319-228-2000 or by e-mailing allencollegeadmissions@ihs.org.