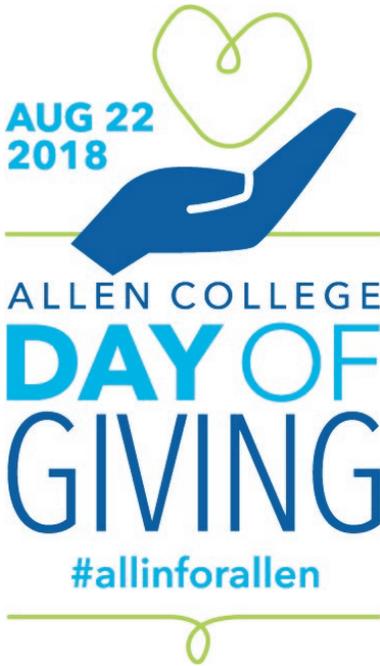




Allen College Communicator



Allen College Day of Giving Recap

Alumnus Ginny McBride '62 and her husband Mike made a generous matching gift of \$50,000 toward a new simulation manikin in honor of Dr. Jerry Durham's retirement from Allen College at the end of 2017.

In August of 2018, Allen College held its first ever Day of Giving, which in total raised **nearly \$28,000**. Every dollar contributed on the Day of Giving was applied to the generous matching gift from the McBride's; therefore, the impact of the donations on the Day of Giving meant that donations were doubled.

Together, the simulation program at Allen College will continue to grow and better prepare exceptional healthcare students.

In total, the Day of Giving had over 90 donors and we are glad to say that the match set out by the McBride's has now been completed!

Thank you to every single person who helped support our first ever Day of Giving. **Your gift makes a difference for our students!**

Acute Care Pediatric Nurse Practitioner Track of the MSN Program Launches in Fall

Allen College is helping fill the need for acute pediatric care with a master's degree and post-graduate certificate for Acute Care Pediatric Nurse Practitioner (ACPNP), beginning in 2019-20.

ACPnPs diagnose and treat acutely, critically and/or chronically ill children, from newborn to age 21. They counsel and care for children, coordinate interdisciplinary care and referrals, and assist children and their families through treatment milestones and difficult life-cycle moments.

An ACPNP may work in a variety of clinical settings: hospitals, pediatric intensive care units, pediatric emergency departments, and subspecialty clinics.

Development of Allen College's ACPNP track followed a 2017 recommendation by the Iowa Board of Nursing, which encouraged Allen College to implement post-graduate certificates in acute care tracks. These certifications prepare nurse practitioners to better meet healthcare needs in the clinical settings where they practice.

The American Association of Critical-Care Nurses has noted that acute care nurse practitioners are needed primarily for pediatric and adult-gerontology patients.

Allen College already has an adult-gerontology acute care nurse practitioner track, which also offers a master's degree and a post-graduate certificate. With the addition of the acute pediatric care track, Allen College can fully prepare its nurse practitioner graduates to meet a broad spectrum of healthcare needs.

This is especially important as current trends in healthcare delivery are affecting patient care.

Continued on page 6.

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To receive an electronic copy of this newsletter instead of a mailed copy, contact Rhonda.Gilbert@allencollege.edu with your email address.

For Allen For You Campaign Update

In February 2016, UnityPoint Health – Allen Hospital began its 10th decade of service to the Cedar Valley. The hospital opened in 1925 through the generosity of Henry B. Allen, who donated 80 acres of land and \$200,000 as a memorial to his wife, Mary. That same year, Allen Memorial Hospital Nurses' Training School began preparing its first class of eight nurses to work at the hospital. Throughout the previous nine decades of operation, both UnityPoint Health – Allen Hospital and Allen College have been supported and sustained through the generosity of the community. That support created an environment for Allen College to grow and evolve as an institution to meet the changing needs of our students.

Corresponding with our 10th decade of operation, the UnityPoint Health – Allen Foundation launched the *For Allen For You* Capital Campaign to ensure Allen Hospital and Allen College remain vital resources for the community to deliver quality healthcare and education to the region. The Campaign was intended to provide funding to three primary tenants: The UnityPoint Health – Prairie Parkway facility; The Allen Hospital Birthing Center/Neonatal Intensive Care and Pediatrics units; and Allen College.

I want to use this opportunity to provide an update on Allen College's portion of the *For Allen For You* Campaign. Fundraising for the College's portion of the Campaign was separated into four areas of focus: Rehabilitation Sciences, including the Master of Science in Occupational Therapy and Doctor of Physical Therapy programs; Simulation; Gerard Hall office and facilities upgrades; and scholarships. The fundraising goal for the College is \$7.8 million dollars with \$3 million designated for scholarships; \$3.3 million for rehabilitation sciences; \$750,000 for simulation; and \$750,000 for the Gerard Hall renovation. The College's fundraising gap is approximately \$3 million

Late in 2018, the UnityPoint Health – Allen Foundation was able to meet the fundraising goals set for both the Prairie Parkway and the Birthing Center/NICU components of the campaign. The priority for 2019 is to raise the remaining \$3 million dollars for the College. Even though we have not yet reached our fundraising goal, the *For Allen For You*

Campaign has had a very significant impact on the College.

As a result of achieving the \$3 million dollar scholarship fundraising goal, the total amount of scholarships distributed to students approached \$870,000 in 2018, up from approximately \$590,000 in 2015. McElroy Hall was updated to house the Master of Science in Occupational Therapy program. A new simulation center was opened in McElroy Hall with the addition of a high fidelity simulator. Additionally, two more simulators were purchased late in 2018 to be utilized in the Harmon Skills Laboratory in Barrett Forum. An infant simulator will be purchased in 2019 as a result of the generosity of the Allen Hospital Auxiliary.

I am dedicated to continuing to work with Mike Lind, Executive Director of the UnityPoint Health – Allen Foundation to complete Allen College's fundraising goals for the *For Allen For You* Campaign in 2019. Allen College is a vital resource for the Cedar Valley and an investment in Allen College and our students will have a significant return on that investment. Allen College graduates students who are, and will continue to, provide exceptional patient care to members of our community, the state of Iowa and our nation as a whole. I am fully committed to continuing the legacy of Henry B. and Mary Allen by using the investment by our community to enhance the educational experience for our students and provide our faculty and staff the resources necessary to fulfill the mission of Allen College.

For further information on the *For Allen For You* Capital Campaign, please contact UnityPoint Health – Allen Foundation at (319) 235-3960.



Dr. Jared Seliger, President

In Remembrance

Ruth (Hoodjer) Fasse

Class of 1950 Allen Memorial Hospital Lutheran School of Nursing:
April 29, 2018

Jane Gerard

Donor
December 31, 2018

Allan "Al" Klinger

Scholarship Donor
August 29, 2018

Florine (Huebner) Kratzer

Class of 1950 Allen Memorial Hospital Lutheran School of Nursing:
December 10, 2017

Treva (Heiken) Quick

Class of 1955 Allen Memorial Hospital Lutheran School of Nursing:
December 4, 2018

Delores (Strempeke) Sauerbrei

Class of 1952 Allen Memorial Hospital Lutheran School of Nursing:
December 21, 2018

Gwen Schroeder

Class of 1948 Allen Memorial Hospital Lutheran School of Nursing:
December 20, 2018

Janette (Otto) Wolff

Class of 1955 Allen Memorial Hospital Lutheran School of Nursing:
December 20, 2018

Allen College Recognizes Scholarship Donors

Allen College Institution Funded Scholarships/Awards

- Allen College President's Scholarship
- Allen College Chorus Scholarship

Donor/Organization Funded Scholarships/Awards

- Allen Hospital Auxiliary Scholarship
- Allen Alumni Association Scholarship
- Allen College Winter/Hall Class Sch.

Class of 1958	Class of 1982
Class of 1959	Class of 1983
Class of 1960	Class of 1984
Class of 1961	Class of 1985
Class of 1962	Class of 1986
Class of 1963	Class of 1987
Class of 1964	Class of 1988
Class of 1965	Class of 1989
Class of 1966	Class of 1990
Class of 1967	Class of 1991
Class of 1968	Class of 1992
Class of 1969	Class of 1993
Class of 1970	Class of 1994
Class of 1971	Class of 1995
Class of 1972	Class of 1996
Class of 1973	Class of 1997
Class of 1974	Class of 1998
Class of 1975	Class of 1999
Class of 1976	Class of 2000
Class of 1977	Class of 2001
Class of 1978	Class of 2002
Class of 1979	Class of 2005
Class of 1980	Class of 2011

*Class of 1981

- Allen College Afghan Scholarship
- Allen Class of 1957 Scholarship
- Allen Lab Endowed Scholarship
- Allen Memorial Hospital School of Nursing Class of 1950 Nursing Sch.
- Helen & Richard Anderson Endowed Scholarship
- Betty J. Atkins Memorial Scholarship
- BSN Program Scholarship
- Robert Bailey, M.D. and Robert Morrison, M.D. Scholarship
- Keith M. & Dorothea W. Baskins Sch.
- Bernard Family Endowed Scholarship in Memory of Ann M. Bernard
- Cathryn Schrubbe Bliss Memorial Scholarship
- Patricia Boeck Memorial Scholarship
- Cynthia Bohm Memorial Scholarship
- Agnes Essman Brody Memorial Sch.
- Jackie Buckley Endowed Scholarship
- Dona Buhr Memorial Scholarship
- Erma Burk Memorial Scholarship
- Maxine Cagley Endowed Scholarship

Donors and organizations that established scholarships/awards for Allen College students through UnityPoint Health – Allen Foundation were recognized at a dinner September 27. Allen College awarded more than \$870,000 in donor scholarships and institutional scholarships and awards for the 2018-19 academic year.

More than \$870,000 awarded in scholarships and awards

- Kent & Carol Charley Scholarship
- Marjorie K. Cochran Scholarship
- James D. Collins, M.D. Memorial Endowed Scholarship
- Colwell Family Scholarship
- Community Foundation of Northeast Iowa Scholarships
 - Keith M. & Dorothea W. Baskins Scholarship
 - Enderlein Family Scholarship
 - Ralph L. Hadlund, MD Scholarship
 - David and Dianne Happel Family Scholarship
 - George W. & Hallene A. Paul Fund
 - Leo C. Puhl & Arlene J. Reed Puhl Nursing Scholarship
- Holgar & Wilma Dall Endowed Nursing Scholarship
- Adele Whitenack Davis Scholarship
- Frederick "Bud" Dell Endowed Memorial Scholarship
- Lloyd R. Dilley and Donald L. Dilley Memorial Endowed Scholarship
- Durham-Feltmeyer Family Sch.
- Rose Earnest Scholarship
- ***Erpelding Scholarship**
- Flanders Family Endowed Sch.
- Ida and Laura Fleming Scholarship
- Fleming Sisters Scholarship
- Judy & Jim Fogdall Endowed Sch.
- ***Rhonda Gilbert Endowed Sch.**
- Carol D. Hadlund Scholarship
- Mary Hahn Rix Nursing Scholarship
- Alice M. Hart Memorial Endowed Scholarship
- Jim & Shirley Harvey Scholarship
- Jane E. Hasek Endowed Scholarship
- Philip R. Hastings, M.D. Memorial Scholarship
- JoAn Headington Endowed Sch.
- Health, Helping & Healing Scholarship (given by Marietta & Wayne Sargeant)
- Pastor Jon & Heidi Hennings Nursing & Ministry Scholarship
- Heinz S. Jacobi Surgical Nursing Scholarship
- Dr. James Jeffries and Roseann Jeffries Memorial Endowed Sch.
- Edward W. Jesse Estate Endowed Scholarship
- Dr. Raja & Susan Junaid Endowed Nursing Scholarship
- Matt and Hilda Kalainoff Endowed Memorial Scholarship
- Elsie Kehe Scholarship
- Bill and Jane Kerbey Scholarship
- Linda Klinger Memorial Endowed Scholarship
- Marcie Knudson Memorial Sch.
- Dr. Rolf F. Kruse Endowed Sch.
- Oscar Lanich, M.D., Scholarship
- Quinter D. Lichty Endowed Sch.
- Wayne Lichty Memorial Endowed Scholarship
- ***Drew A. Luna Memorial Sch.**
- Virginia Henniges McBride Sch.
- ***Kristine Martinson & Family Endowed Scholarship**
- Helen & Joseph Melichar Scholarship
- Minone Messersmith Sturdevant Memorial Scholarship
- Maxine and Robert Morrison, M.D. Scholarship
- Maynard & MaryJean Murch MLS Endowed Scholarship
- Dr. Vishwanath Nagale Endowed Scholarship
- Nauss Nursing Endowed Scholarship
- Nauss Nursing Endowed Scholarship in Memory of Maria Rosenau Nauss
- Marlys Nelson Nursing Scholarship
- Gladys Neubauer Trust Scholarship
- Joan Nohre Scholarship
- Leana B. Nyland Memorial Endowed Scholarship
- OB/Peds Scholarship
- E. James O'Connor Memorial Sch.
- Linda C. Parrott Endowed Scholarship
- Debra Peyton Memorial Sch.
- Vernon H. Plager, M.D. Memorial Scholarship
- Joan Poe Memorial Scholarship
- Arthur & Ruth Pries Scholarship

Allen College Scholarship Donors (continued)

- Larry and Virginia Pugh Scholarship for Leadership
 - Tim & Renee Rasmussen Family Scholarship
 - Vera Reineking Nursing Scholarship
 - F. Harold Reuling, M.D. Memorial Scholarship
 - Donald F. Reynolds Memorial Sch.
 - Rolinger Family Endowed Scholarship
 - Milt & Joanie Roth Endowed Sch.
 - Sage Family Scholarship
 - Patricia A. Sapp Memorial Scholarship
 - Rosinda Waschkat Schweer Memorial Scholarship
 - Debra Kerns Seegers Memorial Scholarship
 - David Seible Memorial Scholarship
 - Vivian Shane Scholarship
 - Bob Sieglaff Scholarship
 - Sigma Theta Tau International Pi Kappa Chapter 392 Scholarship
 - Andrew Smith, MD Scholarship
 - Ron & Betty Steege Endowed Sch.
 - Shirley Strouse Memorial Scholarship
 - Dale and Katherine Stupp Memorial Endowed Scholarship
 - Ken and Mavis TeSlaa Endowed Nursing Education Scholarship
 - Alberta Thomas Memorial Scholarship
 - ***Helen Thompson and Ronald Thompson Family Scholarship**
 - E&M Thoms Scholarship
 - Lynn Thornberry Memorial Sch.
 - Sandra Thurm Memorial Scholarship
 - Virginia Turner Memorial Scholarship
 - Rose Unger Memorial Scholarship
 - Zora R. Walters Endowed Scholarship
 - M. Sue Waschek Baldwin Endowed Scholarship in Medical Laboratory Science
 - Charles A. Waterbury, M.D. Memorial Scholarship
 - Lyle & Elsie Watters Endowed Sch.
 - ***Weber Family Scholarship**
 - Jennifer Wente Scholarship
 - Thomas H. Williams Scholarship
 - Lewis L. Zager, M.D., Memorial Sch.
- *1st Time Awards in 2018-2019**
- The following scholarships were established in the past year and will be awarded once they have matured.
- Mr. and Mrs. Charles Andrews Endowed Scholarship
 - Margaret Ann Weber Collins Endowed Scholarship
 - Goodwill Industries of Northeast Iowa Inc. Endowed Scholarship
 - Vivian G. Maxwell Endowed Scholarship for RN Nursing Students
 - JP Morgan Endowed Scholarship
 - Gwen Schroeder Endowed Sch.
 - Sherry Seehase Endowed Nursing Scholarship
 - Seliger Family Endowed Scholarship
 - Dave and Anne Seltzer Endowed Scholarship

Allen College Welcomes New Faculty and Staff



Alexandra Blad, financial aid coordinator, joined the Allen College student financial services team in November 2018. Prior to joining the Allen College team, she was a financial aid compliance coordinator at Upper Iowa University. Before embarking on higher education, she worked for Target starting at their Distribution Center and then moving to the Cedar Falls store as a Floor Supervisor. Alexandra has a bachelor's degree in Business Administration and is enrolled in the MBA program through Upper Iowa University.

Alexandra has felt incredibly welcomed by the Allen College team. She is looking forward to going through all of the many changes Higher Education has to offer with her new work family.



Sarah Crow, admissions counselor, joined the Allen College admissions team in January 2018. Prior to joining the Allen College team, she was assistant director for member services for the Iowa State University Alumni Association. Sarah has a bachelor's degree in sociology and a master's degree in post-secondary education: student affairs.

Sarah enjoys working with such an engaged and ambitious group of students at Allen College. Allen College students dream big and work hard!



Chris Wiedman, professional practice coordinator for the physical therapy program and assistant professor, joined the Allen College health sciences faculty in February 2018. Prior to joining the Allen College team, he was a physical therapist/outpatient therapy manager for UnityPoint Health – Allen Hospital, physical therapist/therapy services manager for Grundy County

Memorial Hospital and physical therapist for Wheaton Franciscan Healthcare. Chris has a Bachelor of Science degree from the University of Illinois and a Master of Physical Therapy and Doctor of Physical Therapy degrees from Northwestern University.

Chris is looking forward to working with the Allen College team and with the clinical community in developing the Doctor of Physical Therapy degree program at Allen College.

Faculty and Staff

Faculty and Staff Accomplishments

Molly Cordes, director of business services, completed requirements for a Master of Business Administration degree from Upper Iowa University.

Dr. Ruselle DeBonis, MSN clinical coordinator and professor, was appointed the R.J. McElroy Professorship through the 2021-2022 academic year. Dr. DeBonis also gave a podium presentation at the Lena Nelson Conference in Cedar Rapids. The presentation was titled "Poverty Initiative: Improving Care of a Population at Risk."

Brad Diesburg, student information system coordinator, completed requirements for a Master of Science degree in Information Systems from the University of Maryland – Baltimore County.

Dina Dowden, business coordinator, completed requirements for a Master of Business Administration degree from Upper Iowa University.

Dr. Alisha Engel, assistant professor, completed requirements for a Doctor of Nursing Practice (DNP) degree from Graceland University.

Dr. Angela Fritz McHone, assistant professor, completed requirements for a post-professional Doctor of Occupational Therapy (OTD) degree from Rocky Mountain University of Health Professions.

Denise Hanson, executive director of business and finance, was selected to become a member of the Higher Learning Commission (HLC) Peer Corps as a reviewer.

Dr. LeeAnn Hoodjer, assistant professor, completed requirements for a Doctor of Nursing Practice (DNP) degree from Rush University. Dr. Hoodjer passed the certification exam for psychiatric mental health nurse practitioner (PMHNP-BC).

Dr. Jacki Jaspers, associate professor, presented a poster at the Doctor of Nursing Practice 2018 National Conference in Palm Springs, California. The presentation was titled "Sustaining the DNP Project: Beginning with the End in Mind."

Dr. Margo Kreger, academic fieldwork coordinator and associate professor, completed requirements for a Doctor of

Education (EdD) degree in Health Professions Education from Allen College.

Dr. Kreger was also selected to sit on the representative assembly (RA) ad hoc committee as well as the agenda committee for the American Occupational Therapy Association to explore the information related to entry level points for Occupational Therapists and Occupational Therapy Assistants.

Dr. Kate Reiter, assistant professor, had a manuscript accepted to be published in the Journal of Occupational Therapy Education. The manuscript was titled "Enhancing Professionalism Among OT Students: The Culture of Professionalism." Dr. Reiter also presented a poster at the Iowa Occupational Therapy Association Conference titled "Occupational Therapy Student Perspectives of Professionalism Across Education Levels in Iowa."

Dr. Jared Seliger, president, had a manuscript accepted for publication in the Journal of Nuclear Medicine Technology. The title of the manuscript is "Using Professional Development Opportunities to Advance Your Nuclear Medicine Career."

Academics

Higher Learning Commission (HLC) Grants Re-accreditation

The Higher Learning Commission (HLC) Institution Actions Council took action at their July meeting to continue HLC's accreditation of Allen College for 10 years with the next reaffirmation of accreditation occurring in 2027-2028. Allen College is approved to remain in the HLC's Open Pathway. This is the best possible outcome.

ASR Program Received Affirmation of 8 Year Accreditation

The Associate of Science in Radiography (ASR) Program was notified by the Joint Review Committee on Educational Programs in Radiologic Technology (JRCERT) that they recommend maintenance of accreditation for a period of eight years from the last on-site visit which was in 2014. The

JRCERT requires a mid-cycle report and based upon Allen College's mid-cycle report, the JRCERT affirmed the 8 year accreditation period granted in 2014. The next on-site review by the JRCERT will occur in 2022.

DMS Program Received Continued Accreditation

The Commission on Accreditation of Allied Health Education Programs (CAAHEP) voted on September 21, 2018 to award continuing accreditation for five years to Allen College's Diagnostic Medical Sonography (DMS) program. The peer review conducted by the Joint Review Committee on Education in Diagnostic Medical Sonography (JRC-DMS) and CAAHEP's Board of Directors recognizes the program's substantial compliance with the nationally established accreditation Standards.

Academics

Acute Care Pediatric Nurse Practitioner Track

Continued from page 1

Dr. Kendra Williams-Perez, Dean of the School of Nursing, explains with a real-world example:

“We have adult-gerontology acute care nurse practitioners who may be hired in emergency departments, but they’re not prepared to see children. If they’re working in a rural setting, that means two providers must be on hand,” she said. And that can be difficult in small, rural clinical settings.

Dr. Williams-Perez said the college expects some adult-gerontology acute care nurse practitioners to come back for a second certification in acute pediatric care, so they can meet the healthcare needs of both patient populations.

“Allen College is poised to meet healthcare delivery needs in the Cedar Valley, as well as the region, in this additional arena of delivery,” Dr. Williams-Perez said.

The Iowa Board of Nursing approved the ACPNP track at its January 2019 meeting, and Allen College recently named Dr. April Schmitz as lead faculty for the track.

Dr. Schmitz also works as an ACPNP in pediatric intensive care at the University of Iowa Stead Family Children’s Hospital. She earned her doctorate of nursing practice at the University of Iowa and her ACPNP master’s at Rush University.

ACPNP track details:

- Begins 2019-20 academic year
- Graduates earn a Master of Science in Nursing degree or a post-graduate certification
- Individualized plan of study
- Graduates are prepared for certification with Pediatric Nursing Certification Board

New Medical Imaging Program Admits First Cohort of Students

Allen College is offering tracks in medical imaging to prepare students for additional career opportunities and advancement within the imaging profession.

The Medical Imaging program provides students with a diversified plan of study, which includes two tracks: Computed Tomography (CT) and Magnetic Resonance Imaging (MRI). Students may elect to specialize in either modality and can graduate with a Bachelor of Health Sciences degree in medical imaging or with a certificate. Students can complete the program in one year with full-time study.

MRI technologists operate MRI scanners which use strong magnetic fields and radio frequencies to create 3D images of a patient’s body tissues. CT technologists specialize in using ionizing radiation to produce cross-sectional images (three-dimensional images). Radiologists interpret both the MRI and CT images and provide the results to the referring provider who uses the results as an aid to diagnose diseases and prepare treatment plans.

Coursework for the Medical Imaging program is offered online, and students who want to become board certified in CT or MRI may elect hands-on experiences through externships. The externships allow the students to work side-by-side with certified technologists and radiologists who will help them to apply their education in the medical field.

The first cohort of four students began the Medical Imaging program in fall 2018 and are expected to graduate in August 2019.

Graduation Awards

The following graduates were recognized during the summer and fall commencement ceremonies.

Jane E. Hasek Excellence in Nursing Award

The nursing faculty select the graduate who best incorporates the values and beliefs of the mission and philosophy of Allen College in his/her professional and personal life. This award has been named in recognition of the first Chancellor of Allen College, Dr. Jane Hasek, for her visionary leadership in the establishment of the College. The recipients were [Kendra Langreck \(summer\)](#) and [Rachel Sandell \(fall\)](#).

Allen College Service Award

Selection of the Service Award is made by the faculty. The faculty nominate a student who has provided outstanding service to the College as an ambassador in the community and demonstrated a strong commitment to the core values espoused in the College philosophy. The recipient was [Madison Johnston \(fall\)](#).



L-R: Kara Flack and Gail Nielsen

Advancing Healthcare Transformation Award

For the first time in 2018, the Master of Science in Nursing program faculty selected a graduate from their program who has demonstrated exemplary involvement in a quality improvement initiative to receive the Advancing Healthcare Transformation Award. The Advancing Healthcare Transformation Award is funded through an endowment established by Gail Nielsen to contribute to the

education of Master of Science in Nursing students. Recipients were [Kara Flack \(summer\)](#) and [Carol Barlow \(fall\)](#).

Commencement

Summer Commencement

Allen College awarded 40 degrees at its commencement ceremony on August 10, 2018. The college conferred the following degrees:

School of Health Sciences

3 Bachelor of Health Sciences degrees and 1 Doctor of Education degree.

School of Nursing

28 Bachelor of Science in Nursing degrees and 8 Master of Science of Nursing degrees.



Dr. Jared Seliger (right) presents the Doctor of Humane Letters degree to Dr. Roy Ventullo

Allen College also conferred an **honorary doctoral degree, Doctor of Humane Letters, *honoris causa*, to Roy M. Ventullo** in recognition of Dr. Ventullo's role in defining the 3+1 accelerated nursing collaboration between Wartburg College and Allen College beginning with its inception in 2007. Dr. Ventullo advised all

students pursuing the Wartburg College/Allen College plan of study up until his retirement from Wartburg College. The accelerated nursing students who graduated on August 10, 2018 were the final group of students advised by Dr. Ventullo. Of the Wartburg College students whom he advised and attended Allen College, 100% graduated.

The commencement speaker was Dr. Nancy Kramer. Dr. Kramer was the provost at Allen College at the time of commencement and has since retired after devoting nearly 50 years to UnityPoint Health – Waterloo (including Allen College and Allen Hospital). She devoted her entire professional career to helping patients and educating future healthcare professionals about the challenges they may face.

Fall Commencement

Allen College awarded 104 degrees at its commencement ceremony on December 14, 2018. The college conferred the following degrees:

School of Health Sciences

18 Master of Science in Occupational Therapy degrees and 1 Doctor of Education degree.

School of Nursing

59 Bachelor of Science in Nursing degrees and 26 Master of Science of Nursing degrees.



The commencement speaker was Dr. Mary Shirk Marienau. Dr. Marienau has been involved in postgraduate education for the past 47 years as a student, a staff Certified Registered Nurse Anesthetist (CRNA)/clinical instructor, a didactic faculty member, an assistant program director and a program director. At various points during her nurse anesthesia career she was also a student.

Dr. Marienau graduated from Allen Memorial Hospital School of Nursing diploma program in 1971 earning a diploma; from the University of Northern Iowa in 1976 with a bachelor's degree with an emphasis in biology, chemistry and physics – while working full-time as an RN throughout her undergraduate studies; from the Mayo Clinic Nurse Anesthesia Program in 1979; from Winona State University with a master's (MS) degree in 1985 – while working full-time as a CRNA throughout the graduate program; and from the University of Minnesota with a doctoral degree (PhD) in 2011 – while working full-time as a CRNA/program director throughout the doctorate program.

Dr. Marienau has been the program director of the nurse anesthesia graduate programs at Mayo Clinic for approximately the past 22 years. She is also the director of education for the Mayo Clinic Department of Anesthesiology CRNAs.

Service/Community Outreach

Nursing Students Participate in the Cedar Valley Focus on Diabetes

Seven students and two faculty members in the AC316: Learning and Serving class and NU550: Advanced Health Assessment participated in the annual Cedar Valley Focus on Diabetes held at the Waterloo Center for the Arts on September 8, 2018.

Students and faculty offered free blood pressure and A1C checks for participants. The event was attended by community members who had an interest in learning more about diabetes or wanted to receive the free testing to assist them in their diabetes management.

The students worked on their nursing skills as they interacted with the wide variety of people who attended the event.



Service/Community Outreach

New Program Gets Academic Literature to Health Departments

Once you leave college, it can be surprisingly difficult to obtain a peer-reviewed journal article. If you can find what you are looking for, it can be \$40 or more for a single article...and you do not have the opportunity to read it first to see if it is exactly what you need.

The Iowa Public Health Research Center (IPHRC) was started to help local public health departments and nonprofit agencies overseeing public health programs to get access to journal articles and other types of research. Funded by a grant from the National Library of Medicine, the Barrett Library staff can help retrieve articles, conduct literature searches, loan library books, and provide general assistance at no cost to the agency.

The IPHRC was started in July 2018 to serve Northeast Iowa, but since the grant started it has expanded to cover the entire state including 101 local health departments, the Iowa Department of Public Health, and dozens of nonprofit organizations that receive state or federal funding.

What have we done in our first six months? Here are a few select items:

- Sent a dozen articles about community walkability to an urban health department to support their effort to improve sidewalks.
- Conducted a literature review on needle exchange programs for a health department trying to address an increase in disease as a result of an opioid epidemic.
- A literature search on the connection between outdoor recreation and the reduction of chronic disease.
- Conducted three trainings on using federal databases to access health information and patient materials.

You can visit the website at <http://www.allencollege.edu/iphrc.aspx>.

If you have any questions, contact Dr. Whitaker at Jeremy.Whitaker@allencollege.edu.

Allen College Mission

Allen College is committed to preparing exceptional healthcare professionals through educational programs of excellence; to developing and sustaining a diverse community of learners, faculty, and staff; and to promoting community service, scholarship, and lifelong learning.



Occupational Therapy Students Participate in Karts 4 Kids

On November 2, 2018 members of the Allen College Student Occupational Therapy Association (SOTA) participated in the Karts 4 Kids event held at the University of Iowa Children's Hospital in Iowa City.

Children were invited to play Mario Kart alongside three players attempting to break the world record for the longest consecutive Mario Kart game (36 hours). The Allen College SOTA group donated four adaptive controllers to the University of Iowa Hospitals.

The students participated in the event by assisting with set up, providing education on how to use adaptive controllers and playing video games with the children. One student had the opportunity to work with an individual who has wanted to play video games all his life, but has struggled due to Cerebral Palsy. Following the event, this person ordered the adaptive controllers and has been able to enjoy playing games on his own.



Anne's Orchard Benefits Food Bank

Last fall several Allen College team members picked the apples in Anne's Orchard, located behind Winter Hall. Four boxes of apples were donated to the Northeast Iowa Food Bank.

Anne's Orchard is named after Anne Christensen Doyle who passed away in 2012 while serving as the College's international admissions counselor.

Alumni News



Beth Sullivan

ALUMNI RELATIONS DEVELOPMENT COORDINATOR

Beth.Sullivan@unitypoint.org or (319) 226-2016

Allen College is on Facebook!

Check out the Allen College page for updates and events near you!

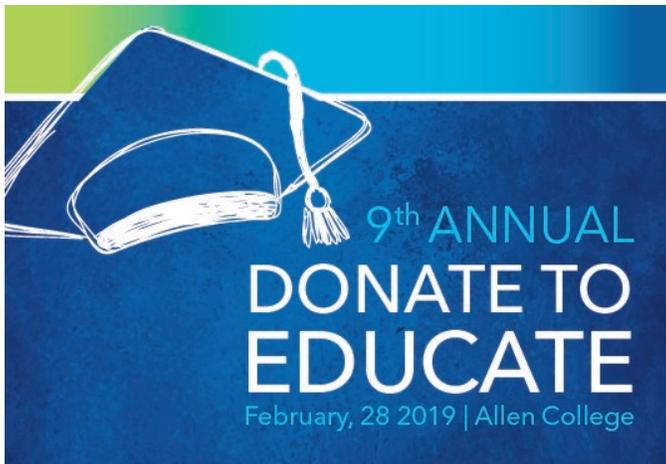
Alumni Updates

Have you moved, gotten a new phone number, or changed email addresses? Update your contact information by emailing beth.sullivan@unitypoint.org or calling (319) 226-2016. This is also a great way to let us know what your communication preferences are (i.e. wish to receive mail or not receive mail).

Alumni Spotlights

If you or someone you know would like to participate in our Monthly Alumni Spotlight series (see next page), please contact Beth Sullivan. Look for these spotlights on the Allen College Facebook page and on the Allen College website—alumni tab.

Alumni Events & Activities



Donate to Educate | February 28

The Allen College Alumni Association invites you to the **9th Annual Donate to Educate** scholarship benefit on Thursday, February 28, 2019.

Join us at Allen College for an evening of supporting students and advancing local health care education. The event will include social hour, an array of heavy hors d'oeuvres, live entertainment by the University of Northern Iowa SingPins and a silent auction.

Tickets are just \$50 and can be purchased up to the week of the event online or by contacting Beth Sullivan.

We also have several great raffle items which can be purchased at the event or online at www.unitypoint.org/waterloo/donate-to-educate.

- One week stay in Sarasota, FL - \$25 each
- Half hog, Seiko men's watch, or outdoor firepit - \$5 each or 5 for \$20

Silent auction donations are being accepted. If you are interested in donating a basket or learning more about sponsorship opportunities, contact Beth Sullivan.

If you are unable to attend but would like to support Alumni Association Scholarships for Allen College students, you may make a donation to the Allen Foundation or give online at www.unitypoint.org/waterloo/make-a-gift-1.

Alumni Panel and CEU Opportunity | April 26

Along with the Alumni Reunion, join Allen College for an Alumni Panel and CEU opportunity! The Alumni Association in conjunction with other student organizations are hosting this event at Allen College.

12:30-1:30 p.m. | Dr. Erin Martin, CRNA, DNP (Class of '99) | The Career of a Nurse Anesthetist

1:45-3:15 p.m. | Thomas Davis, CRNA, MAE (Class of '73) | How to Find the Right Job and Keep It (CEU opportunity)

3:30-5 p.m. | Advanced Practice Panel—Variety of Careers in Nursing (CEU opportunity)

5-6 p.m. | Wine and Cheese Reception

The Alumni Reunion invitation will contain more details about this opportunity.

To RSVP or for more information, contact Beth Sullivan.

Alumni Reunion Save the Date | April 27

Mark your calendar to attend the annual Alumni Reunion and lunch banquet taking place at Allen College, Winter Hall on **Saturday, April 27, 2019**.

We will honor the Class of 1969 celebrating their 50th year reunion and will announce several other classes celebrating their 5th, 10th, 15th, 20th, 25th, 30th, 35th, 40th, 45th and those beyond their 50th year anniversary.

Tours of the College and UnityPoint Health – Allen Hospital will be offered and alumni are encouraged to attend.

Nominations for inductees to the Distinguished Alumni Hall of Fame are being accepted.

Contact Beth Sullivan with questions or to learn more.

Alumni Events & Activities

Spring Plant Sale | May 7 and 8

Watch for more information regarding this year's Alumni Association Spring Plant Sale which will take place at Allen Hospital. The Plant Sale typically occurs the week before Mother's Day. Purchase your flowers, baskets, herbs, and more from the Alumni Association and help support student scholarships, campus enhancements, and lifelong learning. There will also be a Fall Plant and Craft Sale in September featuring mums, succulents, fall planters, and more.

Nursing Honor Guard

Have you heard about the Nursing Honor Guard?

The honor guard is a group of volunteers who pay tribute to individuals at the time of their passing and help bring peace to mourners through their loss. Deeply rooted in tradition, the Nursing Honor Guard dresses in white uniforms, white caps, and blue capes with red lining at the visitation or funeral services. The capes worn are similar to those worn by Red Cross nurses during World War I to identify nurses tending to soldiers.

Stacie Fobian, BSN, RN, has worked as a nurse for more than 20 years and serves as Allen Hospital's Patient Advocate and Patient Services Manager. She felt it was time to initiate the honor guard in collaboration with Allen Hospital, the Allen Foundation, and the Allen College Alumni Association. "When I found out about honor guards at other hospitals, I was so touched by what it represents. I was called to enlist my colleagues to volunteer for an honor guard here to honor fellow nurses," Fobian said. "I love being a nurse, and when I learned more about the purpose of the honor guard, I wanted all nurses and their families to know how much they matter."

The honor guard will serve as honorary pallbearers if requested by families or stand watch at the casket during visitation. Permission for a bedside ceremony can be granted in certain situations, as well. A white flower that signifies devotion to the profession will be used during the final call, and families will be presented with a lantern that signifies comfort and courage in honor of Florence Nightingale, who was known as the "lady with a lamp" as she tended to wounded soldiers during the Crimean War in the 1850s. Ceremonies will be completed with a final call of the nurses' name, and with no response, the lantern's flame will be extinguished.

As we begin, there are startup costs to obtain nursing lamps, capes for volunteers, brochures and materials, and other items so the Nursing Honor Guard can best serve families.

Support the Nursing Honor Guard financially or by volunteering

If you are interested in donating to this great cause, you can contact the Allen Foundation at (319) 235-3960 or email allenfoundation@unitypoint.org.

You may contact Stacie.Fobian@unitypoint.org or call (319) 235-3567 if you are interested in volunteering for the guard.

Alumni Reception Call Out

Are you interested in having the Alumni Association host an event in your area?

Over the past several years, Alumni Receptions took place in the fall in Des Moines, Cedar Rapids/Iowa City, Rochester and the Cedar Falls/Waterloo areas.

We love connecting with alumni in different locations and want you to join us. Allen College pays for the food and beverages at these receptions and they are free to Allen College alumni.

If you are interested in Allen College hosting an alumni reception in your area or "hosting" a reception and helping to plan your local event, please contact Beth.Sullivan@unitypoint.org or (319) 226-2016.

Cedar Falls/Waterloo Area Alumni Reception



Des Moines Area Alumni Reception



Alumni Spotlight

LT Drew Hingtgen

Class of 2011



LT Drew Hingtgen, 2011 BSN graduate of Allen College, currently serves in the United States Public Health Service (USPHS) as an Instructional Officer with the Commissioned Officer Training Academy.

His primary job responsibility is to provide education and guidance to transform public health professionals (e.g. RN, MD, DDS, MPH) into USPHS officers.

He began his career with the US Army working as a medical/surgical nurse in El Paso, TX for one year before transferring

to Ft. Leonard Wood, MO where he was an ICU nurse for three years. Following that, LT Hingtgen transferred into the US Public Health Service and has held many roles there including a correctional staff nurse within the Department of Homeland Security, nurse manager and a Special Operation Officer.

He has traveled all over the world and has been the lead medical provider for detainees during high risk international flights.

What led you to pursue your education at Allen College?

I pursued my BSN at Allen College because of the response I received from the staff. I applied to many nursing schools and none were as helpful and friendly as the staff at Allen.

Nothing makes it easier than a school that makes you feel like they care and want you to attend. I also felt Allen didn't put up any unnecessary walls or challenges when it came to applying.

How did Allen College help prepare you for where you are now?

Allen helped prepare me for where I am now by pushing me outside my comfort zone on many occasions. I never had any interest in correctional nursing and passed up the opportunity to experience it while at Allen. When the opportunity came up later down the road I still had no interest but figured I would just go for it. The risk paid off and I ended up loving it.



Accomplishments, awards, proud moments, published articles, etc.

In 2016, I was awarded the Hazardous Duty Award by holding a position for greater than six months within a detention center with significant risk to my health and life.

I was also appointed as a Special Operations Officer allowing me to travel to many foreign locations.

In 2018, I was selected for a position at the USPHS Headquarters as an Instructional Officer allowing me to influence and guide the new officers to USPHS.

What piece of advice would you give to current Allen students?

My biggest piece of advice would be to get comfortable with being uncomfortable and network, network, network. Be open to geographical moves for what you want. Always take care of your physical and mental health. If you're not healthy, you won't be able to care for others.

Please share any hobbies or interests

My hobbies include walks with my family, weekend hikes, endurance events, obstacle course racing, and long runs. I have also gotten into retro video game collecting and repair.

Allen College Alumni Pay It Forward Through Scholarships

Alumni Scholarships. The Allen College Alumni Association has a long tradition of providing scholarship assistance to Allen College students which started in 1984. More than 335 students received financial assistance through these scholarships. Since 1999, \$186,900 was awarded in scholarship assistance from the Alumni Association. These scholarships are funded through fundraisers such as Donate to Educate, plant sales and general donations to these funds.

Class Gift Scholarships. If you graduated between 1956 and 2017, your class has a scholarship established through the matching class gift program. Up to \$5,000 will be matched for each class. Consider paying it forward by donating to your class gift. You can see a list of classes who have met their match goal on the Allen College website at <http://www.allencollege.edu/class-donations.aspx>.

How to support the scholarship program: To start your own scholarship, support Alumni Association scholarships or your class gift scholarship, contact Beth.Sullivan@unitypoint.org or (319) 226-2016.

Even a donation of \$25 can make a difference. **Thank you** for supporting our scholarship program.

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Dr. Jared Seliger, President

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