Allen College receives Inclusion Award

On March 27, Allen College received the Greater Cedar Valley Alliance & Chamber (GCVAC) Inclusion Award. Given at the GCVAC annual awards banquet, the award honors employers in the Cedar Valley who have made significant achievements in championing inclusion and diversity in their businesses and organizations. Allen College won in the small/medium (1-200 employees) category.

Gwen Timmerman, community liaison for Tyson Fresh Meats and chair of the award selection committee, said the committee was impressed by Allen College’s stable, ongoing efforts regarding diversity and inclusion.

“We liked how they deal with not only gender, not only age, not only ethnicity,” Timmerman said. “They factor in all those things, and it’s very impressive.”

The recognition comes several years after Allen College established goals to help its academic community become increasingly diverse and inclusive. Over the past five years, Allen College has established an Office of Diversity Services (ODS); established a Diversity Advisory Council, and brought in speakers and programs to help faculty and staff embrace diversity.

Dr. Jerry Durham, Allen College chancellor, said Doreen Mingo, assistant professor and director of the ODS, has been a leader in the College’s diversity and inclusion efforts.

“Doreen was instrumental in our receiving a federal grant that has supported students from diverse backgrounds and made high school students more aware of and prepared for nursing career opportunities,” Durham said. “Assistant professor Christina Ortiz has also been supportive, and the leaders of the College have voiced strong support of our diversity goals.”

Mingo is proud of what they’ve accomplished in a short time.

“We think that diversity is a marker of excellence, and we strive to be excellent in all that we do. This award shows that we’re slowly and steadily moving toward these goals,” Mingo said. “I think it’s a wonderful honor and a testament to Allen College’s commitment to make a difference.”

There is still much work to be done on the journey toward diversity and inclusion, Durham noted. But Allen College’s efforts to keep moving forward are part of why it was selected to win the award.

“We liked how they had a vision for the future,” Timmerman said.

Durham said the recognition is most valuable for the message it sends to the community.

“It is really wonderful to be recognized in a public way for the many efforts that are underway at Allen College. The recognition also signals to the communities we serve that faculty, students and staff from diverse backgrounds will be welcome in our academic community.”

Allen College celebrates 25-year anniversary

In 1989, Dr. Jane E. Hasek saw years of work come to fruition when Allen College opened as a specialized, degree-granting college dedicated to preparing healthcare professionals to meet the needs of the healthcare industry.

As Allen College celebrates its 25th anniversary, the founding chancellor said some things about the school have not changed since its inception.

“The purpose and mission have evolved, but we still hold onto high academic standards and clinical relevance to provide quality education for healthcare professionals,” Hasek said.

Allen College’s commitment to service has always been part of its mission as well.

“In the beginning, we knew we belonged to the healthcare community, but also the community,” Hasek said.

Of course, Allen College has grown and changed in many ways since 1989. Technology has not only changed healthcare, it has changed education. Dr. Jerry Durham, Allen College’s current chancellor, noted that “expansion in the use of technology has provided greater access to distant learners.”

Continued on page 3
In mid-April of 2014, President Obama’s administration reported that 8 million Americans had signed up for health insurance through the Affordable Care Act (ACA). Over the next several years, this insurance coverage may expand to include 30 million-34 million Americans, or about 10 percent of the U.S. population.

Many of those using health services as a result of this coverage, including those with pre-existing conditions, suffer from chronic diseases and conditions that have been untreated or undertreated for years. Healthcare experts predict that the demand for primary care providers (PCPs) will increase as a result of population growth, an aging population and ACA coverage. A 2013 study by the federal Bureau of Health Professions concluded that demand for primary care physicians will grow more rapidly than the physician supply, potentially resulting in a shortage of about 20,400 full-time equivalent (FTE) physicians by 2020. Further impacting this shortage are predictions that about one-third of registered nurses (RNs) and physicians will retire in the next decade.

However, if models of care evolve that fully deploy current and future nurse practitioners (NPs) and physician assistants (PAs), the projected shortage of PCPs by 2020 could be reduced to 6,400 FTEs. This study concluded that, “Efficient use of NPs and PAs will require patient and health system acceptance and the continued dissemination of more effective models of workforce deployment.”

Rural and underserved areas of the nation may experience greater shortages of PCPs. (Only about 10 percent of physicians and 18 percent of NPs practice in rural settings, but one-fourth of America’s population lives in rural areas.) Many states in the U.S. — but not Iowa — place unnecessary restrictions on the practice of NPs. These include not allowing NPs to prescribe independently, requiring NPs to have a practice agreement with a physician, or requiring physician supervision of NPs. In states where legislation has been proposed to alleviate these restrictions, physician organizations often lobby against lifting these restrictions. Over the years, multiple studies have shown that primary care NPs provide high quality care and that patients are highly satisfied with that care.

The ability of the U.S. healthcare system to meet the demand for primary care in the future will require the removal of restrictive scope-of-practice barriers to care, changes in medical and nursing education to encourage graduates to choose primary care practice, improvements in practice efficiency, and the provision of incentives for primary care practice. Short of these changes over the next few years, the U.S. healthcare workforce is unlikely to be capable of meeting the growing demand for primary care.

Can America meet the growing demand for primary care?

In remembrance

Ruth Drewelow Weeks
Allen Memorial Hospital School of Nursing Class of 1947
December 6, 2012

Linda Jensen Masey
Allen Memorial Hospital School of Nursing Class of 1969
July 16, 2013

Anna Sheridan
Allen Memorial Hospital School of Nursing Class of 1947
July 31, 2013

Irene Moody
Allen Memorial Hospital School of Nursing Class of 1945
October 11, 2013

Virginia Weidner
Allen Memorial Hospital School of Nursing Class of 1977
October 21, 2013

Patricia Hennings
Allen College Class of 2007
January 20, 2014

Charmane Wiebke
Allen Memorial Hospital School of Nursing Class of 1953
January 25, 2014

Janice Olsen
Allen Memorial Hospital School of Nursing Class of 1966
March 28, 2014
In the last five years alone, since the College celebrated its 20th anniversary in 2009, Allen College has added:

- A new building, including four classroom rooms and about 20 offices
- New tracks in the Master of Science in Nursing (MSN) program
- A Bachelor of Health Sciences (BHS) program
- A Doctor of Education (EdD) program
- A Master of Occupational Therapy (MOT) program
- A Doctor of Nursing Practice (DNP) program
- A nurse-managed free clinic, in conjunction with the Salvation Army
- More institutional and donor scholarships

As Hasek noted, “The College has been flexible enough to see people coming in at different stages in their careers and added programs to fit them. They see a need and then they add something. The College has always been adaptable to the needs of the student and healthcare industry as a whole.”

In Allen College’s second 25 years, it will continue its commitment to excellence and growth, Durham said. From enrollment to its endowment; technology to academics, Allen College will continue to adapt and evolve into its ever-changing healthcare and education environment.

Allen College’s commitment to quality in healthcare education will continue as well.

“The College has always been a leader,” Hasek said. “A leader in Iowa, the Midwest and the U.S. They’ve also always been able to attract quality faculty. There’s been a shortage of faculty elsewhere, but Allen College has never had a problem with that. Quality draws quality.”

When Max and Helen Guernsey established their foundation in the Russell Lamson building in Waterloo 15 years ago, Max knew immediately what he wanted the sign on the front door to say: “The Max & Helen Guernsey Charitable Foundation: We’re here to help.”

“It was the perfect little summation, in very simple terms,” said Soo Greiman, foundation executive director. “It’s still on our door today.”

Though Max passed away in 2005, Helen Guernsey, 95, remains actively involved in her foundation’s operations and strong in her belief in its mission. And the Allen Community Engagement – Salvation Army Partnership (ACE-SAP) clinic has been the beneficiary of that mission since the clinic’s inception. The Max and Helen Guernsey Charitable Foundation has been granting funds to help the clinic operate for five years.

“From the first time we were approached by the ACE-SAP clinic, we thought it was a good idea,” Helen said. “It’s in the right place at the right time.”

Working with Chancellor Jerry Durham and Allen College associate professor Dr. Ruselle DeBonis, Helen and Greiman toured the site for the clinic while it was still in the planning phases.

“We liked the direction of the plan,” Greiman said. “The ACE-SAP clinic serves two populations: people who need screenings and students in their practical training. And it’s in a location where people need it.”

The five-year and ongoing success of the ACE-SAP clinic is covered in detail on page 7.

“The foundation’s mission statement focuses on four areas: education, social and family issues, community betterment, and health, recreation and fitness,” said Greiman. “We feel the ACE-SAP clinic touches all four. It’s all-inclusive.”

The Max & Helen Guernsey Charitable Foundation receives approximately 50 grant applications a year and distributes funds twice annually. The grant committee conducts weekly site visits to grant applicants and recipients, and Helen said she has enjoyed her visits to the Salvation Army to see some of the clinic’s results.

“We’ve enjoyed the tours and seeing the hands-on work,” said Greiman. “We’ve heard the meaningful stories of clients who otherwise might not have been able to access medical care, but since it was there in the Salvation Army, it was accessible to them.”

ACE-SAP’s operation of remote clinics in Charles City and Oelwein also addresses the mission of the Guernsey Foundation, which serves Black Hawk County and the seven contiguous counties around it.

“We’re giving where we’re living, so we’re knowing where it’s going,” Greiman said.

And while the ACE-SAP clinic, its volunteer staff and those who benefit from its services are grateful for Helen Guernsey’s generosity, the true philanthropist only wishes she could do more.

“Many, many people have been served there, and that’s wonderful,” Helen said. “But it’s only a drop in the bucket. When you read about how much need there is, it’s stupendous to me. I’m glad to help a little bit.

“I do not make a practice of giving interviews, but I was glad to talk to Matt (Rolinger, of the Allen Foundation) about this,” Helen added. “Because the fact that it is a free clinic means a lot to people of low income.”

Featured donor: Helen Guernsey
Clinic benefits from foundation’s generosity

Helen Guernsey joined the Grants Committee on a site visit to the Salvation Army in February 2013. Pictured left to right are Development Director Sue Hennings, Helen, Mrs. Tomaeo and Major Joe Tomaeo.
## 2013-2014 Scholarship Recipients

Thank you to the following individuals and organizations that offered scholarship assistance to Allen College students during the 2013-2014 academic year. Congratulations to the recipients. Allen College institutional scholarship recipients and donors were acknowledged in the fall newsletter.

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<tr>
<th>Scholarship Fund</th>
<th>Recipient(s)</th>
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<td>Robin Seiser</td>
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<td>American Legion Auxiliary Scholarship</td>
<td>Halie Ruff</td>
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<td>Amvets Ladies Auxiliary No. 49 Scholarship</td>
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<td>Aplington-Parkersburg Dollars for Scholars</td>
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<td>Bartels’ Endowed Nursing Scholarship</td>
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<td>Behr Scholarship</td>
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<td>Bishop Scholarship</td>
<td>Jordyn Schaper</td>
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<td>CF Business Professional Women Scholarship</td>
<td>Sara Kastil</td>
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<td>Church of the Brethren Scholarship</td>
<td>Hollie Berryman</td>
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<td>Coca-Cola New Century Scholarship</td>
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<td>Dilley Memorial Scholarship Trust Scholarship</td>
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<td>Distinguished Scholars Award</td>
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<td>Sue Fish Memorial Scholarship</td>
<td>Casey Huber</td>
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<td>First Catholic Slovak Ladies Association of the United States of America</td>
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<td>GRMC Tuition Scholarship</td>
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<td>Grundy County Memorial Hospital Foundation Healthcare Career Scholarship</td>
<td>Megan Brincks, Elizabeth Pekarek, Jennifer (Simms) Appel, Jessica Thompson</td>
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<td>Harvest Evangelical Free Church</td>
<td>Amber Renaud</td>
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<td>Hemophilia of Iowa Inc. Scholarship</td>
<td>Ally Hamerlinck</td>
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<td>Iowa Health Care Association Foundation; John R. Grubb Scholarship</td>
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<td>Helen Koebriick Scholarship</td>
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<td>Mercy Hospital Foundation Scholarship, Iowa City</td>
<td>Megan Adam, Emily Hansen, Jessie Koch, Ashely Sullivan</td>
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<td>Merrill Family Foundation 5M Scholarship</td>
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<td>Midwest Free Community Papers Scholarship</td>
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<td>PEO Scholarship Waverly</td>
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<td>James J. Postma and Mildred M. Postma Scholarship</td>
<td>Haley Ellis</td>
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<td>Prairie du Chien Memorial Hospital Scholarship</td>
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<td>Fred W. Schlichting Scholarship</td>
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<td>St. Luke’s Hospital Foundation Scholarship – Cedar Rapids</td>
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<td>St. Olaf Lutheran Church Foundation Scholarship</td>
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<td>Elmer Schwartz Scholarship</td>
<td>Jenna Blazek</td>
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<td>M. Jane Sylvester Scholarship</td>
<td>Brittany Knecht</td>
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<td>Teresa Treat Stearns TUW Scholarship</td>
<td>Rachel Powers</td>
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<td>Trinity Caring for Our Future Scholarship</td>
<td>Mallory Lindner</td>
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<td>Trinity Foundation – Amond Scholarship</td>
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<td>W.M.C. Auxiliary Scholarship</td>
<td>Alexander Schmitt, Emily Zoulek</td>
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<tr>
<td>Waverly Health Center Auxiliary Scholarship</td>
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<tr>
<td>Webster City Community School District Scholarship</td>
<td>Rachel Powers</td>
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Faculty/staff accomplishments

DR. DEANN AMBROSON, professor, successfully completed a formal external review for Quality Matters certification for the course NU6:40 Educational Evaluation.

SUZANNE BELLINGER, assistant professor, passed the National Certification Corporation’s Electronic Fetal Monitoring examination.

PEG BROADIE completed certification to be a Quality Matters peer reviewer.

DR. LISA BRODERSEN, professor, passed the preliminary written qualifying examination for the PhD in nursing at Saint Louis University on Sept. 22, 2013, and passed the preliminary oral qualifying examination with distinction on Oct. 16, 2013. Dr. Brodersen was also a content reviewer for Grove, S.K., Burns, N., and Gray, J. R. (2013). The Practice of Nursing Research: Appraisal, Synthesis and Generation of Evidence (7th ed.), St. Louis, MO: Elsevier.

KATHI BOWER, instructor, received a Master of Science in Nursing (MSN) degree from Saint Louis University in December 2013. She completed dual tracks for the degree – family nurse practitioner and nursing education.

DR. RUSELLE DEBONIS, associate professor, was selected to receive the 2014 American Association of Nurse Practitioners (AANP) State Award for Excellence. This prestigious award is given annually to a dedicated nurse practitioner in each state who demonstrates excellence in her or his area of practice. Dr. DeBonis will be officially recognized for this achievement at the 2014 AANP National Conference in Nashville, TN, in June 2014.

DR. JERRY DURHAM, chancellor and professor, was appointed to the advisory board of Türkiye Klinikleri Journal of Nursing. The Türkiye Klinikleri Journal of Nursing is a medical journal that began publishing in 2009. It is published two times a year in Turkish and English.

MICHELE FRIEDMAN, assistant professor, received certification as an advanced certified hospice and palliative care nurse (ACHPN) in December 2013 from the National Board for Certification of Hospice and Palliative Nurses.

SHAWN FROELICH, assistant professor, earned a Master of Science (MS) degree in medical laboratory science from the University of North Dakota in December 2013.

JACKIE JASPERS AND ERIN PETERS, assistant professors, completed their postgraduate Certificate in Simulation Education from Bryan College of Health Sciences in Lincoln, NE. Bryan is one of only two programs available in the U.S. that offers a graduate level Certificate in Simulation Education with academic credit earned.

DR. NANCY KRAMER, vice chancellor of academic affairs and professor, successfully completed formal external reviews for Quality Matters certification for the courses NU6:30 Curriculum Theory and Design and NU6:40 Educational Evaluation. Dr. Kramer was also part of a Commission on Collegiate Nursing Education (CCNE) site visit team in Oct. 2013, evaluating a college in Boston.


DR. DENISE PRALLE, associate professor, was certified as an advanced public health nurse (APHN-BC) from the American Nurses Credentialing Center (ANCC) in August 2013.

JARED SELIGER, assistant professor and director of the nuclear medicine technology program, was admitted in February to candidacy for the PhD in higher education at Iowa State University.

DR. SARAH STEELE, assistant professor, in Dec. 2013, completed degree requirements for the doctor of nursing practice (DNP) program at Rush University in Chicago. With Dr. Steele’s completion of the doctoral degree, Allen College now employs seven faculty members who hold DNP degrees. Several other faculty members are enrolled in doctoral studies and 12 other faculty and administrators hold other types of doctoral degrees.

DR. SMRUTI VARTAK, director of the Bachelor in Health Sciences (BHS) public health program and assistant professor, published an article in the e-publication, Evaluation and Health Professions. This article is a scoping review of what is available for healthcare managers in terms of evidence-based management.
Allen College welcomes new faculty and staff

**LISA BINDERT**, Diagnostic Medical Sonography (DMS) clinical coordinator in the School of Health Sciences

Prior to joining the Allen College faculty, Bindert was ultrasound breast center manager at Essentia Health in Duluth, MN.

“I look forward to sharing my passion for ultrasound and my love of learning new things with the students in our program.”

**DR. JENNIFER EDEKER**, assistant professor in the School of Nursing

Edeker has worked as a family nurse practitioner (FNP) since 2005, most recently at UnityPoint Clinics – Denver. She finished her Doctor of Nursing Practice (DNP) degree in 2012.

“I am looking forward to being part of a wonderful group of professionals, sharing my own knowledge and learning from other faculty members and students.”

**SHAWN FROELICH**, assistant professor of medical laboratory science (MLS) in the School of Health Sciences

Froelich has always loved science and earned her first degree in horticulture. She was a full-time mom to three kids while working on her MLS degree. Prior to joining the Allen College faculty full-time, she was an adjunct instructor and worked the night shift as a testing tech in a blood center.

“I am looking forward to getting acquainted with all the staff and faculty within the college. I am also excited to play a role in preparing successful medical laboratory scientists.”

**JON HENNINGS**, assistant professor for the School of Nursing

Hennings has been a nurse practitioner for Waverly Health Center at the Shell Rock Clinic since 2010. He’s also the pastor of Peace Church in Waverly, Iowa, and a captain in the Iowa Army National Guard and serves with them as a nurse practitioner as well. He has been with the National Guard since 2008.

“I’m looking forward to being involved in education again. Being a nurse practitioner is an always-changing and fluid field. How exciting it is to stay up-to-date and current with the latest research and treatment.”

**DR. JENNIFER JASS**, assistant professor for the School of Nursing

Jass worked in a post-partum mother/baby unit and neonatal intensive care unit before becoming a family nurse practitioner. Since graduation, she has been working in a busy rural primary care clinic in Ackley. Other responsibilities include in-patient rounds at the local critical access hospital and nursing home rounds at several nursing homes in the area.

“I’m looking forward to helping students become successful practitioners and leaders in the future. It is a good feeling to be returning to where my foundation of nursing was built.”

**TARA KAISER**, assistant professor for the School of Nursing

Kaiser is an advanced registered nurse practitioner (ARNP) at UnityPoint Clinic in Cedar Falls. She has also worked as an NP with the cardiac surgeon, Dr. Wright, and as a nurse on 3-Heart at Allen Hospital.

“I have enjoyed working with student nurses and remembering what it was like to be nervous about drawing up insulin, assessing patients, etc.”

**KRISTEN STOWE**, recruiter

Stowe comes to Allen College from Pella, Iowa, where she was the sales and marketing director for a retirement community.

“I am looking forward to watching the new programs as they take off from the ground level, and being a part of helping our students as they further their education. I’m also excited about being part of this wonderful team atmosphere I’ve already seen so much of.”

**DR. SMRUTI VARTAK**, director, public health program and assistant professor for the School of Health Sciences

Vartak earned her Master’s in Public Health (MPH) University of Massachusetts, Amherst, in 2004, and a PhD in health services and policy from University of Iowa in 2010. She trained as a post-doctoral research scholar and worked as a program/research assistant with the Center of Health Policy and Research, University of Iowa before coming to Allen College. She is also a trained practitioner in Ayurvedic Medicine, a form of alternative medicine.

“Public Health is a new program at Allen College and the only online program that does not have a clinical component to it. I am working on building the program, utilizing different techniques to effectively engage students and support learning. I am very happy with the excellent guidance and support I am getting from my superiors and colleagues at Allen College. The environment is very friendly and encouraging. It has been four months since I started working and I am loving it.”
Allen College students serve community through free clinic for five years

Sixty Allen College students devoted a semester to caring for patients at the Allen College Engagement and Salvation Army Partnership (ACE-SAP) free medical clinic in 2013. In 2013, 1,196 patients were cared for. In 2008, the ACE-SAP clinic served 226 patients. Since its inception, the ACE-SAP free medical clinic has seen a growth of 19 percent, and has served a total of 3,767 patients. Over the past five years, Allen College students and educators have provided patients with:

- Approximately $532,000 worth of patient care
- 4,129 prescriptions for medication
- 356 vaccines for adult patients
- More than 850 free lab tests
- 754 referrals to community agencies

Caring for patients at the ACE-SAP clinic has provided students with 5,607 clinical hours over the five-year period. Many of these students are master's students who also practice as registered nurses as they study to become nurse practitioners. Allen College students in the Bachelor of Science in Nursing (BSN) program who are taking clinical courses, studying lab science and training to become psychiatric nurse practitioners can contribute time to the free clinic as part of their coursework or as volunteers as well.

“Patients received more than $150,000 worth of care for free at the clinic last year,” said Ruselle DeBonis, associate professor and clinic coordinator for the Master of Science in Nursing (MSN) program at Allen College. “And we help students understand the barrier poverty can be to healthcare, especially for those who do not qualify for healthcare plans through their employers.”

The emphasis of the ACE-SAP free medical clinic is to provide preventive care and educate patients about the importance of preventive healthcare, whether the patient has an acute or preventive need.

Not only do Allen College students provide free preventive and acute care at the clinic, patients can also receive medication assistance and ongoing monitoring for conditions such as high blood pressure or diabetes. Services provided at the free clinic include:

- A complete medical history
- Full physical or health check-up
- On-site cholesterol and blood sugar screening
- Health education and referrals
- Immunizations as recommended
- Diabetic testing supplies
- Diabetic foot care
- Medications needed for treatment
- A1C testing for diabetics
- Preventive, acute and mental healthcare
- Chronic disease management
- Prescription medications

Patients seeking psychiatric care may need to wait two to three months before an appointment is available, due to limited access to psychiatric care in the area. At the free medical clinic, Allen College students are able to complete evaluations and begin treatment for patients while they wait for access to this specialty care.

“We provide a bridge for patients who have healthcare needs but cannot access the affordable care they need,” said DeBonis. “There are many services available in our community, but patients are often unaware of these. We help connect patients to the services they need.”

One of the most important services the Allen College students provide at the ACE-SAP clinic is patient education. In 2013, 91 percent of clinic patients felt they understood their health better after their visit to the clinic, and 50 percent of them said they planned to make positive changes for their health.

Students give Head Start a hand

Allen College pediatric students are earning academic credit this semester by assisting the Head Start program in five area schools: Elk Run Preschool, Freeburg Preschool, Lily Ferguson Child Development Center, Ema Head Start and Maywood Head Start. Students help by teaching health and safety lessons to Head Start students, such as hand washing, nutrition and good hygiene.

Head Start is a federal program that promotes school readiness in children from low-income families until they are 5 years old. The program provides comprehensive services, including health, education, cognitive development, nutrition and social services. Head Start services can be provided through Head Start centers or schools; family child care homes; or through weekly visits to the children’s homes. More than 1 million children are provided with these services each year.

“Students are learning how poverty affects health,” said Julie Ritland, Allen College associate professor. “It’s a meaningful experience and it fills an important need within the Head Start organization.”

Students are paired with teachers and they discuss health and safety topics on which the Head Start students need to be educated. Then the Allen College students put together short lesson plans and teach the lesson to the class.

Before meeting their teacher partner, students participated in a pre-conference to learn about the Head Start program and discuss the links between poverty and health.

At the end of the project, students will have another conference to reflect on their experiences.
Nurse Camp a model for recruiting students into careers

As the Allen College Office of Diversity Services plans for its third summer of hosting Nurse Camp, director and assistant professor Doreen Mingo wants to help other organizations recruit high school students into their respective fields.

“We’ve seen a lot of initiatives nationally and grants from the federal government to reach out to diverse populations to help ensure that all professions begin to mirror the diversity found in the general population,” Mingo said. “I think nationwide we are seeing a push for diversity as a marker of excellence for business and industry. The short, intensive program we’ve developed works well and is a template that can be used by various professions such as engineering, architecture, medicine, etc.”

Mingo added, “This template will provide students who have been historically underrepresented in these professions opportunities to do hands-on training and learn what these professionals really do, as well as what these professions have to offer.”

While Allen College’s program is too new to reference a significant body of data, similar programs around the country have demonstrated success rates of up to 50 percent – meaning after 10 years, half of all camp participants chose a career in nursing (Bumgarner, et al 2003). And word is spreading about Nurse Camp. The College is seeing applications for admission from previous career day and summer camp participants.

Nurse Camp is a six-week summer program that introduces a diverse group of local high school students to careers in nursing. Through a mix of classroom work, hands-on training, field trips and interactive sessions with professionals, camp participants are immersed in a health sciences environment.

According to one parent, the program reinforced her daughter’s consideration of a career in nursing.

“It has encouraged her to continue to work toward her goal to become a nurse or doctor,” said Adrienne Alan, whose daughter, Andrea, was a 2012 Nurse Camp participant. “She is very motivated to pursue a career in the medical field since camp.”

Developing a template

“The premises on which Nurse Camp are based can be translated to a variety of career choices, especially science, technology, engineering and math (STEM) professions that also seek to diversify employee populations,” Mingo said.

Nurse Camp addresses issues such as:
- Lack of understanding of what nurses really do
- Lack of knowledge of the autonomy and importance of the nurse’s role
- Lack of knowledge of the benefits and security of a career in nursing

The same can be said for many health, technology or science careers, and an intensive, short-term camp program can counteract such issues.

“We’ve developed a program that can be used as a template for all healthcare careers and many other professional programs as well,” Mingo said. “From dentistry to engineering, it can work for any career that students do not usually get to experience from behind the scenes before beginning college.”

The intensive Nurse Camp template designed by Allen College can be used to help others implement a similar program by offering methods to create and tailor specific programs to meet an organization’s needs while helping it promote diversity within the organization. For more information, contact the Allen College Office of Diversity Services.

Mingo would like to work with other professional organizations looking to recruit tomorrow’s workforce, as well as with other school systems, to share the success the Nurse Camp model has brought to Allen College.

“We have a unique opportunity to put into place a template that has shown to be beneficial to introducing students in high school to different careers, whether in healthcare or otherwise,” Mingo said. “We have a willingness to share. We’d love to develop partnerships with different school districts and businesses. What we’re doing demonstrates intentional efforts yielding success.”

To nominate a student or learn more about Nurse Camp, call the Office of Diversity Services at 319-226-2049. Or, visit allencollege.edu and click on “Office of Diversity Services” under “Current Students.”
School of Nursing update

• The School of Nursing is planning two travel courses during May 2014. One course group will travel to the Dominican Republic and the other group will travel to Wartburg West in Denver, CO. Each course provides opportunities for service-learning, with a focus on vulnerable populations while fulfilling the nursing elective for undergraduate Bachelor of Science in Nursing (BSN) students.

• The Commission on Collegiate Nursing Education (CCNE) evaluated the Doctor of Nursing Practice (DNP) program on October 16-18, 2013. The preliminary report shows Allen College met all four standards and all 25 key elements necessary for accreditation. The official accreditation decision will be made by the CCNE Board in April.

• Allen College finished the year with a 92.66 percent pass rate on the National Council Licensing Examination (NCLEX). The national registered nurse program pass rate is 83.04 percent.

School of Health Sciences update

• The Level 2 Allen College Associate of Science in Radiography (ASR) students entered scientific posters into competition with student posters from Covenant Medical Center. Carlie Crooks received first place for her “Scoliosis” poster. Allen College students also took the second- and third-place awards.

• Faith Kruse, a 2013 Allen College medical laboratory science (MLS) graduate, joined Allen College as adjunct faculty. Faith is a laboratory science professional at Wheaton Franciscan Hospital.

• Allen College's diagnostic medical sonography (DMS) program achieved accreditation in September 2013 from the Commission on Accreditation of Allied Health Education Programs. The program’s accreditation will extend through September 2018.

• Allen College's 2013 ASR graduates achieved a first-time pass rate of 100 percent for the American Registry of Radiologic Technologists certification exam.

• Three additional clinical sites will host traditional MLS students during the clinical rotation of the MLS program, including Weland Clinical Laboratories PC, Guttenberg Municipal Hospital and the Student Health Services laboratory at University of Northern Iowa.

• Katie Haugen, 2013 MLS graduate, was selected to serve as an American Society of Clinical Pathology (ASCP) career ambassador for 2013-2014. The ASCP Career Ambassador Program raises awareness of laboratory professions among high school students.

• ASR students completed several service projects, including participating in the Waterloo Downtown Rotary shoebox project; cleaning ditches along Highway 63 through the Adopt-a-Highway program; helping with local Beyond Pink Team events; collecting gifts for the Salvation Army’s Toy Shop; and making a monetary donation to the Allen College dance marathon team.

• The DMS program has three new clinical sites: Penn OB/GYN & Imaging, Marshalltown Medical & Surgical Center and Palmer Lutheran Health Center.
The 2014 Donate to Educate benefit was held on February 27 at Winter Hall on the Allen College campus to support scholarships and campus enhancements. More than 100 guests attended this annual event—hosted by the Allen Alumni Association.

The evening began with a wine and beer tasting and hors d’oeuvres, followed by a silent auction and raffle. After dinner, the Johnson family provided a vocal and string musical program before the live auction began.

There were 30 silent auction items and five live auction items, including a trip to Las Vegas, and bidding was competitive throughout the night. By the end of the evening, $12,835 had been raised for scholarships and campus enhancements. The evening included a raffle drawing for a half-carat diamond necklace, which was won by Kim Lodge, house supervisor at Allen Hospital.

“The Alumni Association sends a huge thank-you to everyone who supported the event by purchasing raffle tickets or attending the event,” said Joanna Ramsdalen-Meier, director of student services at Allen College. “This event continues to grow each year and the community’s support is crucial to its success.”

Thank you to Dr. Russell Adams, Dr. James Wright, Dr. Farid Manshadi and Grundy County Memorial Hospital, who sponsored tables. Thanks to Hy-Vee, which donated the wine for the wine tasting, and to Chef Len Swiatly of Moment in Thyme, who served dinner and hors d’oeuvres.

Fall Graduation

Allen College 2013 fall graduates’ awards & honors

The following graduates were recognized for their awards and honors during fall graduation activities.

JANE E. HASEK EXCELLENCE IN NURSING AWARD

The nursing faculty of Allen College select the graduate who best incorporates the values and beliefs of the mission and philosophy of Allen College in his/her professional and personal life. This award was named in recognition of the first chancellor of Allen College, Dr. Jane Hasek, for her visionary leadership in the establishment of the College. The recipient of the Jane E. Hasek Excellence in Nursing Award was Samantha Rolfes.

ALLEN COLLEGE SERVICE AWARD

Selection of the Allen College Service Award is made by the Allen College faculty for students who have provided outstanding service to the College, and as ambassadors in the community, demonstrated a strong commitment to the core values espoused in the College philosophy. Recipient of the fall 2013 Allen College Service Awards was Tom Veiseth.

Graduation recap

Allen College awarded 58 degrees at its 2013 fall commencement ceremony on Friday, Dec. 20, at the Nazareth Lutheran Church in Cedar Falls. Allen College conferred 48 Bachelor of Science in Nursing degrees and 10 Master of Science of Nursing degrees.

Distant family and friends were able to see the ceremony in real time from their computers via live video stream, made possible by the College’s instructional designer, Seth Vickers, and instructional technology specialist David Wu.

Dr. Linda Allen, president of Hawkeye Community College, gave the commencement address. Dr. Allen earned her MA and PhD in medical anthropology from the University of Iowa. Her scholarly research is in the areas of medical anthropology, transcultural psychology, Asia-Pacific Rim relations, and gender studies, and she has published extensively on international health issues and immigration. Dr. Allen is a member of the Allen College Board of Trustees.

Congratulations to the following fall graduates!

BACHELOR OF SCIENCE IN NURSING

* Bridget Rose Ahern
  * Laura A. Armstrong, RN
  * Heidi Lynn Atkinson
  * Maggie Benschoter, LPN
  * Kim Boldt, LPN
  * Sheila Bright, RN
  * Jen Bruce, LPN
  * Elyssia Ciddo, RN
  * Bonnie Corkery, RN
  * Angela Faye DeVries, RN
  * Jaclyn A. Franck, LPN
  * Kristen Grapp, RN
  * Kim Gray, LPN
  * Julie Marie Grote, LPN
  * Heidi Harms, RN
  * Autum Jean Larsen, RN
  * Tiffany Latham, LPN
  * Lynda Leigh Lautenbach, LPN
  * Brittany Nicole Lind
  * Amy Luchtenburg, RN
  * Trista Metz, LPN
  * Ambre Osborn
  * Shawn Thomas Plunkett
  * Kelly Renshaw
  * Samantha Ann Rolofes
  * Carly Y. Roskop, RN
  * Tara Jean Schares, LPN
  * Staci Smith
  * Sherry Lee Steinlage, RN
  * Molly Marie Stubber, LPN
  * Kylea Thomas
  * Tom Veiseth
  * Amy Lee Wickett
  * Patricia L. Wilson, LPN
  * Whitney Rachel Wubbena

*Summa Cum Laude (3.9 GPA or above)
*Magna Cum Laude (3.71-3.89 GPA)
#Cum Laude (3.5-3.7 GPA)

MASTER OF SCIENCE IN NURSING

* Shelby Allen-Benitz
  * Maggie Mae Austin
  * Christina Marie Foth
  * Andi Hemesath
  * Holly Ann McClintock
  * Tracey Schlangen
  * Dr. Andrea L. Tatkon-Coker
  * Jenny West

*Summa Cum Laude (3.9 GPA or above)
*Magna Cum Laude (3.71-3.89 GPA)
#Cum Laude (3.5-3.7 GPA)

Alumni News

Fourth annual Donate to Educate raises $12,835

The 2014 Donate to Educate benefit was held on February 27 at Winter Hall on the Allen College campus to support scholarships and campus enhancements. More than 100 guests attended this annual event—hosted by the Allen Alumni Association.

The evening began with a wine and beer tasting and hors d’oeuvres, followed by a silent auction and raffle. After dinner, the Johnson family provided a vocal and string musical program before the live auction began.

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Tiffany Harvey, a 2005 graduate of Allen College School of Nursing, has made giving back to her community a way of life.

“It has been my mission in life to give back,” said Harvey, whose family had struggled to make ends meet in the past. “Knowing what it’s like to need something made me really enjoy giving to others who needed something, even if it was just inspirational words, donated clothes or my time.”

This giving spirit was part of Harvey’s inspiration to become a nurse. When her sister was injured and needed treatment, young Harvey tagged along to hospital visits and was moved by the care her sister received from hospital nurses. She admired the compassion evident in the care the nurses provided to her sister and the trust her sister had in her nurses.

After growing up in Chicago, Harvey knew coming to Iowa for nursing school was going to be a change. Harvey lived in Iowa for a few years as a child, and she remembered it as a quiet place where she would be able to focus on school.

“The whole experience of coming back to Iowa was a culture shock, but it was a teaching experience,” Harvey said. “I was learning to provide care to others who had different backgrounds from mine. I felt Allen College gave me such a solid foundation to build on.”

Harvey credits Allen College for exposing her to the community and encouraging her to begin giving back as a healthcare professional.

The clinical experiences and service-learning projects were instrumental in exposing Harvey to the needs of the community.

“Helping and educating others, and providing services to those who need care, is what nursing is all about,” said Harvey. “We were out in the community, and I feel we were able to really serve as many people as we could by actually being there, where people needed us.”

Harvey has been a pediatric nurse at La Rabida Children’s Hospital in Chicago since 2007, after working in adult cardiac intervention at Allen Hospital for a year. She has used her experience as a nurse to give back to the community in many ways over the years.

Whether it is donating Easter baskets to patients at La Rabida, supporting food banks, donating clothing and toiletries to victims of domestic abuse or educating community members about premature birth, Harvey continues to serve others.

“As I became an adult, it became so much more gratifying to know I was able to help others,” said Harvey. “The experience at Allen College guided me and made me even more passionate about nursing and serving my community.”

Harvey’s approach to nursing and serving others is often a combination of her dedication to caring for and treating her pediatric patients as well as making the community a better place for those patients to go home to.

“Even if you need help yourself, helping raise money or making donations for others will improve everything around you,” said Harvey.

Tim Doyle receives Gift of the Heart: Legacy Award

Tim Doyle, a 2010 Allen College Master of Science in Nursing (MSN) graduate, received the Gift of the Heart: Legacy Award from the Northeast Iowa chapter of the Association of Fundraising Professionals at its Philanthropy Day award ceremony in December 2013. The award recognized for his gift to the Allen College Center for Engagement, Learning and Leadership (CELL) in memory of his wife, Anne. Anne Christensen Doyle worked at Allen College and lost her life to breast cancer.

Doyle is an advanced registered nurse practitioner (ARNP) at UnityPoint Clinic – Family Medicine – Cedarloo in Cedar Falls.

“Tim’s focus on creating a lasting legacy in his wife’s memory led him to fund a program that will teach and inspire college students about philanthropy and service to others for years to come,” said Matt Rolinger, senior director of development for the Allen Foundation.
YOU CAN HELP  shape the future of Allen College and Allen Hospital by donating to Allen College. Your generous donations will help finance special projects to enhance the quality of our education and the realm of our services. Contact Allen College or Allen Foundation to find out how you can make a difference, or donate online at www.allenhospital.org/foundation.

Dr. Jerry D. Durham, Chancellor
Allen College
319-226-2015
Jerry.Durham@allencollege.edu

Matt Rolinger, Senior Director
UnityPoint Health — Allen Foundation
319-274-6712
Matt.Rolinger@unitypoint.org

Visit us online at www.allencollege.edu.

2014 Allen College alumni reunion

On Friday, May 9, Allen College alumni are invited to attend the 2014 alumni reunion. The day will begin with a brunch and all alumni classes are welcome to attend the commencement ceremony for the graduating class of 2014.


11 a.m. — Brunch at Barrett Forum at Allen College
Noon — Tour of Allen College and UnityPoint Health — Allen Hospital
3 p.m. — Commencement at Nazareth Lutheran Church
6 p.m. — Dinner and program at Winter Hall at Allen College

Have you taken the Class Gift challenge?

Thanks to recent gifts from the estates of Milton Hall and Thelma and Carlton Winter, contributions from Allen College class members from 1959 through the present will be matched dollar for dollar up to $5,000 per class. This will fully endow the scholarship at $10,000, and Allen College students will then be awarded a scholarship from these classes. Find current class gift totals online at www.allencollege.edu. Click on “Alumni” and then “Class Gifts.”