DeBonis Clinic Donations

The DeBonis Free Medical Clinic appreciates and does accept donations. Due to limited storage availability at the clinic, donated items must be approved by DeBonis Clinic faculty.

<u>If interested in making a donation</u>, contact us through one of the following options to discuss appropriateness of donations and to make donation arrangements.

- Email <u>Suzanne.Gettman@allencollege.edu</u> or
- Call the DeBonis Clinic after hours phone line at (319) 226-2022 and leave a message with your return phone number

Donation list on following pages.



DeBonis Clinic Donation List

The following items are most suitable for donation to the clinic:

Financial contributions

Any/all financial contributions/donations will be directed to and coordinated with the Allen College Business Office. Financial donations may be for DeBonis Clinic general use or may be designated for a specific use at the clinic

Gift cards

\$5 individual gift cards to McDonalds/Subway/Kwik Star; individual Waterloo bus passes (these are used for assistance with food insecurities, transportation expenses for medical needs, and health education incentives)

Personal Care Products

Shampoo, conditioner, body wash, lotion, hair spray, bar soap, combs, brushes, deodorant, toothbrushes, toothpaste, fingernail and toenail clippers, nail files/emery boards, foot scrubs, loofah sponges, hearing aid batteries, bottled water, personal first aid kits, shoe inserts and arch supports

Clothing/household linens

New blankets/tarps, new socks/hats/mittens/gloves

Medical Supplies

Alcohol swabs, wound/dressing supplies, bandages/ bandaids (various sizes/types), ostomy supplies, diabetic lancets), TED/support hose, catheter supplies/equipment, incontinency briefs (all sizes/brands-PREFER PULL ON STYLE over Tab style), antibacterial disposable wipes, insulin syringes with needles, TB syringes with needles, 3cc syringes w/22G 1 ½ needles, paper tape, 1-inch adhesive tape, exam gloves (latex free, all sizes)

Durable Medical Equipment

Wheelchairs, walkers (wheeled and seated with brakes especially), toilet risers, reachers, long handled shoehorns, bed rails, tub bars, toilet bars, sliding boards, commodes, shower chairs/benches, nebulizers (machines, masks & tubing), automatic blood pressure cuffs, heating pads, Foley catheters and bags, straight catheter kits, bariatric scales

NO HOSPITAL BEDS OR LIFT CHAIRS DUE TO LACK OF STORAGE SPACE.

Nutritional supplies

Oral nutritional supplements (please check expiration dates); \$5 individual gift cards to McDonalds/Subway/Kwik Star

Cleaning supplies

Hand sanitizer, antibacterial disposable wipes, tall kitchen disposable garbage bags, paper towels



DeBonis Donation List

The following items are most suitable for donation to the clinic (continued):

Medications

<u>NOTE</u>: All medications (OTC and prescription) must be unopened and in sealed packages/containers with clear labeling and expiration dates identifiable and not expired.

NO CONTROLLED SUBSTANCES.

· Over the Counter:

Tylenol/acetaminophen, Ibuprofen, cough/cold medications, allergy medications (Zyrtec, Claritin or comparable generic), Vicks, Daily vitamins (Male and Women's), vitamin supplements (Magesium, Vitamin D3, Calcium), antibiotic topical ointments/creams (neomycin, bacitracin, polymyxin B), aspirin (81 and 325mg), decongestants, anti-itch creams (like hydrocortisone), antifungal creams (like clotrimazole, Lamisil) head lice shampoo (Rid/Nix), stomach relief Bismuth subsalicylate (Pepto Bismol) caplets and chewable tablets, TUMs, Swimmers ear drying drops, Vaseline jelly (small containers), Zicam rapidmelts, Muscle rub cream (Ben-Gay or comparable generic), New Skin, Stool softener tablets, Metamucil or miralax (or generics)

Prescription Medications:

Hypertension medications, diabetic medications including insulin (must be refrigerated), cholesterol medications, antibiotics, antidepressants, antianxiety, smoking cessation medications, respiratory medications including inhalers

